



## Master Massage Practitioner w/ Natural Aesthetics (MT 1000-NA)

1000 Classroom Hours

43.00 Credit Hours

14 Months Full Time

29 Months Part Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Date
MT 115	Anatomy*	60	4.00		
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 200	Swedish Massage*	40	1.25		
EV 003	Massage Clinic Orientation **	-	-		
MT 950	Massage Clinic – Supervised MT1000 w/NA	50	1.00	MT 200	
<b>MESSAGE CORE COURSES SUBTOTAL</b>		<b>312</b>	<b>16.25</b>		
<b>MESSAGE HANDS ON COURSES TRACK 1: DEEP THERAPY</b>					
TE 220	Deep Tissue Sculpting	24	0.75	MT 200	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200	
TE 690	Trigger Point - Intro	16	0.50	MT 200	
	Electives	8	0.25		
<b>TRACK 1 SUB TOTAL</b>		<b>88</b>	<b>2.75</b>		
<b>MESSAGE HANDS ON COURSES TRACK 2: LIGHT THERAPY</b>					
TE 340	Lymphatic Massage	16	0.50		
EL 112	Myofacial Energetic Massage	20	0.50		
TE 701	Swedish Sedona	20	0.75		
	Electives	32	1.00		
<b>TRACK 2 SUB TOTAL</b>		<b>88</b>	<b>2.75</b>		
<b>NATURAL AESTHETICS COURSES</b>					
NA 500	Natural Aesthetic - White Block	224	11.00		
NA 515	Natural Aesthetics - Blue Block	64	3.00	NA 500	
NA 510	Natural Aesthetic - Green Block	64	3.00	NA 500	
NA 505	Natural Aesthetics - Red Block	64	3.00	NA 500	
NA 932	Natural Aesthetics - Clinic I	32	0.75	NA 500	
NA 152	Natural Aesthetics - Clinic II	152	3.25	NA 500	
<b>NATURAL AESTHETICS SUB TOTAL</b>		<b>600</b>	<b>24.00</b>		
<b>TOTAL</b>		<b>1000</b>	<b>43.00</b>		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

\*Required Courses

\*\*Required Orientation before scheduling into the massage clinic.

\*\*\*Required in the Core Courses and also in the Cranial Unwinding Specialty Certificate.

The following classes are not eligible to be used for clinic hours in the MT-1000 hour programs:

OS 920 Asian Therapy Clinic

EC 795 Reiki Clinic Transformational

PC 930 Polarity - Sessions given for Associate Polarity Practitioner

RF 103 Reflexology Clinic HY 300 Hypnotherapy III

EC 799 Reiki Clinic Traditional

PC 931 Polarity - Sessions given for RPP

Student

date

Advisor

date

*SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*