



Certificate of Excellence

Myotherapy (TM1)

200 Classroom Clock Hours

6.25 Credit Hours

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
TE 362	Myotherapy - Seven Step Progression	16	0.50	MT 200 or Licensed	
TE 121	Myotherapy Mastery	20	0.75	MT 200 or Licensed	
TE 160	Carpal Tunnel/Thoracic Outlet Release	8	0.25	MT 200 or Licensed	
TE 320	Lower Back Pain Release	8	0.25	MT 200 or Licensed	
TE 380	Neck Release	8	0.25	MT 200 or Licensed	
TE 590	Removing the Armor	12	0.25	MT 200 or Licensed	
TE 225	Rotator Cuff/Shoulder Joint	8	0.25	MT 200 or Licensed	
TE 600	Rock and Unlock	12	0.25	MT 200 or Licensed	
TE 650	Sports Massage - Intro	8	0.25	MT 200 or Licensed	
EL 720	Thumbless Therapy	8	0.25	MT 200 or Licensed	
TE 690	Trigger Point - Intro	16	0.50	MT 200 or Licensed	
TE 340	Lymphatic Massage	16	0.50	MT 200 or Licensed	
TE 662	Hydrotherapy/Injury Management	20	0.75	MT 200 or Licensed	
TE 700	Swedish Sedona	40	1.25	MT 200 or Licensed	
	TOTAL	200	6.25		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

Student date

Advisor date

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.