



Reflexology (RF)

200 Classroom Clock Hours
7.50 Credit Hours

Certificate of Excellence

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
RF 100	Reflexology - Western Approach	28	1.00		
RF 101	Reflexology - Pathology & Assessment	24	1.00	RF 100	
RF 102	Reflexology - Balance & Being	20	0.75	RF 100 & RF 101	
RF 103	Reflexology - Clinic	16	0.25	RF 100 & RF 101	
RF 110	Reflexology - Emotional	16	0.50	TE 560 or RF 100	
RF 150	Toe Reading - Reflexology Assessment I - Elemental	16	0.50		
RF 575	Reflexology - Hand	4	0.25	TE 560 or RF 100	
AR 410	Aromatherapy - 5 Element Acupressure for Emotional Healing	20	0.75		
EL 146	Auriculotherapy	20	1.00		
PC 700	Polarity - Reflexology	20	1.00		
	REFLEXOLOGY CORE COURSES SUB TOTAL	184	7.00		
<i>CHOOSE 16 HOURS OF ELECTIVES *Recommended Electives-other elective choices available please see advisor for more information</i>					
AR 115	Aromatherapy - Foot Chakra Reflexology	8	0.25		
RF 104	Reflexology - Color	8	0.25	RF 560 or RF 100	
	ELECTIVE SUB TOTAL	16	0.50		
	TOTAL	200	7.50		

REFLEXOLOGY - ELECTIVE COURSES

RF 120	Reflexology - Face	4	0.25		
RF 145	Reflexology - Sole Points	16	0.50		
OE 650	Thai Massage - Foot Massage	20	0.50		
AR 115	Aromatherapy - Foot Chakra Reflexology	8	0.25		
RF 162	Toe Reading II - Soul Coaching	20	0.50		
RF 164	Toe Reading III - Chakras & Aromatherapy	16	0.50		
RF 165	Toe Reading IV - Living Metaphors	16	0.50		
RF 166	Toe Reading - Master Clinic	16	0.50		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

Student date

Advisor date

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.