



**DIPLOMA  
Advanced Bodyworker Practitioner (BW600)**

600 Classroom Hours      32.00-38.25 Credit hours  
9 Months Full Time 18 Months part time

**ADVANCED BODYWORKER CORE COURSES**

Code	Course	Hours	Credits	Prerequisites	Date
MT 115	Anatomy	60	4.00		
BC 302	Business Practices for Massage Therapists	12	0.75		
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
SC 415	Pathology -BW	40	2.50		
MT 500	Physiology	60	4.00		
<b>SUB TOTALS</b>		<b>192</b>	<b>12.25</b>		

**CHOOSE A COMBINATION OF SPECIALTIES TO EQUAL 400 HOURS**

AR	Aromatherapy	100	5.50		
CRA	Cranial Unwinding	200	8.50		
HN	Holistic Nutrition Specialist	200	12.00		
HY	Hypnotherapy	100	4.75		
LC	Life Coaching	100	5.00		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7- 7.25		
RE	Reiki	100	2.75		
SPAM	Spa Management	200	10.75		
TUINA	Tui Na	200	10.00		
YO	Yoga Teacher Training	200	6.75		
ZEN	Zen Shiatsu	200	7.00		
<b>SUB TOTALS</b>		<b>408</b>	<b>12.25- 39.50</b>		

**HIGHLY RECCOMENDED ELECTIVES TO EQUAL 8 HOURS**

AR 115	Aromatherapy – Foot Chakra Reflexology	8	0.25		
EL 140	Auriculotherapy Introduction	8	0.25		
RF 215	East Indian Head Massage	8	0.25		
TE 560	Reflexology – Introduction	8	0.25		
EC 733	Sacred Mudras & More	8	0.25		
<b>SUB TOTALS</b>		<b>8</b>	<b>0.25</b>		
<b>TOTAL</b>		<b>600</b>	<b>24.75- 52.00</b>		

\*\* In the state of Arizona, bodyworkers practicing clothed modalities such as Reflexology, Zen Shiatsu, Tui Na, or Polarity are not required to be licensed as a Massage Therapist.

Student \_\_\_\_\_ Advisor \_\_\_\_\_ Date \_\_\_\_\_

*SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*