



## Advanced Bodywork Practitioner (BW600)

Diploma

600 Classroom Hours  
 30.75-35.25 Credit Hours  
 9 Months Full Time  
 18 Months Part Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy	60	4.00		
BC 302	Business Practices for Massage Therapists	12	0.75		
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
<b>ADVANCED BODYWORK CORE COURSES SUBTOTAL</b>		<b>192</b>	<b>12.25</b>		
<i>CHOOSE A COMBINATION OF SPECIALTIES TO EQUAL 400 HOURS</i>					
AR	Aromatherapy	100	5.50		
CRA	Cranial Unwinding	200	8.50		
HN	Holistic Nutrition Specialist **	200	11.75		
HY	Hypnotherapy **	100	4.75		
LC	Life Coaching **	100	5.00		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.50		
RE	Reiki	100	2.75		
YO	Yoga Teacher Training	200	6.25		
<b>SPECIALTIES SUBTOTAL</b>		<b>400</b>	<b>18.25-22.50</b>		
<i>CHOOSE 8 HOURS OF ELECTIVES *Recommended Electives-other elective choices available, please see advisor for more information</i>					
AR 115	Aromatherapy – Foot Chakra Reflexology	8	0.25		
<b>ELECTIVE SUBTOTAL</b>		<b>8</b>	<b>0.25</b>		
<b>TOTAL</b>		<b>600</b>	<b>30.75-34.25</b>		

### OTHER AVAILABLE BODYWORK ELECTIVES

OE 130	Barefoot Shiatsu	10	0.25		
OS 740	Chi Gung - Meridian Exercises	12	0.25		
EC 105	Energetic Acupressure - Overview of Asian Therapies	16	0.50		
OE 150	Seated Shiatsu	6	0.25		
OE 640	Thai Massage - Foot Massage	20	0.50		
OE 620	Thai Massage - Traditional	40	1.25		
OS 200	Asian Theory I	40	2.50		
OS 213	Asian Theory II	60	3.25	OS 200	
OS 226	Tui Na – Asian Assessment	20	1.00	OS 200	
OS 252	Tui Na – Point Location	20	1.00		
OS 240	Tui Na – Technique & Bodywork	40	1.50	OS 252	
OS 320	Zen Shiatsu - Clinical Assessment	40	1.25		
OS 300	Zen Shiatsu - Form	36	1.00		
OS 310	Zen Shiatsu - Meridian Therapy	40	1.25	OS 300	

\* In the state of Arizona, bodyworkers practicing clothed modalities such as Cranial, Reflexology, Zen Shiatsu, Tui Na, or Polarity are not required to be licensed as a Massage Therapist.

\*\* These specialties are REQUIRED to be paired with on-body modalities.

Student \_\_\_\_\_ date \_\_\_\_\_

Advisor \_\_\_\_\_ date \_\_\_\_\_

*SWIHA's mission is to help individuals discover their gifts and graces, and support them as they*

*share their talents with the world in a loving and profitable way.*