



Master Massage Practitioner (MT 1000)

1000 Classroom Hours
 41.00-49.50 Credit Hours
 14 Months Full Time
 22 Months Part Time

Diploma

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy*	60	4.00		
MT 200	Swedish Massage*	40	1.25		
BC 302	Business Practices for Massage Therapists	12	0.75		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00	CC 100	
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 430	Practice Development Portfolio	15	1.00		
BC 110	SOAP Notes	6	0.25		
EV 003	Massage Clinic Orientation **	-	-		
MT 999	Massage Clinic – Supervised	100	2.00	MT 200	
PC 850	Cranial Unwinding I ***	20	1.00		
TE 220	Deep Tissue Sculpting	24	0.75	MT 200	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200	
TE 560	Reflexology - Intro ****	8	0.25		
	MASSAGE CORE COURSES SUBTOTAL	511	24.25		
CHOOSE A COMBINATION OF SPECIALTIES TO TOTAL 400-480 HOURS					
AR	Aromatherapy	100	5.50		
CRA	Cranial Unwinding	180	7.50		
HN	Holistic Nutrition Specialist	200	11.75		
HY	Hypnotherapy	100	4.75		
MEDM	Medical Massage	100	3.75		
MYF	Myofascial	100	3.00		
TMI	Myotherapy	200	6.25		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.50		
RE	Reiki	100	2.75		
ST	Spa Treatments	200	7.50		
SPT	Special Touch	100	3.00		
YO	Yoga Teacher Training	200	6.25		
	SPECIALITY SUBTOTAL	480	16.25-24.75		
CHOOSE 9-89 HOURS OF ELECTIVES *Please see advisor for available elective choices that will compliment your specialty choices					
TE 512	Posture for Massage Therapists	5	0.25		
TE 740	TMJ Release	4	0.25	MT 200	
	ELECTIVE SUBTOTAL	9	0.50		
	TOTAL	1000	41.00-49.50		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

*Required Courses

**Required Orientation before scheduling into the massage clinic.

***Required in the Core Courses and also in the Cranial Unwinding Specialty Certificate.

****If Reflexology Specialty is taken as part of the MT1000 program, TE560 Reflexology – Introduction is no longer required for the MT1000 Diploma

The following classes are not eligible to be used for clinic hours in the MT-1000 hour programs:

OS 920 Asian Therapy Clinic

EC 795 Reiki Clinic Transformational

PC 930 Polarity - Sessions given for Associate Polarity Practitioner

HY 300 Hypnotherapy III

RF 103 Reflexology Clinic

EC 799 Reiki Clinic Traditional

Polarity Practitioner

Student _____ date _____

Advisor _____ date _____

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they