



DIPLOMA Master Massage Practitioner (MT1000)

1000 Classroom Hours
39.25-50.75 Credit Hours
14 Months Full Time 29 Months Part Time

MESSAGE CORE COURSES

Code	Course	Clock	Credit	Pre-Requisite	Date
MT 115	Anatomy	60	4.00		
BC 302	Business Practices for Massage Therapists	12	0.75		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00	CC 100	
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 430	Practice Development Portfolio	15	1.00		
BC 110	SOAP Notes	6	0.25		
SUB TOTAL		279	17.75		

MESSAGE HANDS ONCORE COURSES

PC 850	Cranial Unwinding I	20	1.00		
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or MT 400 or EC 145 or LICENSED	
MT 999	Massage Clinic - Supervised MT 1000	100	2.00	MT 200 or MT 400 or EC 145 or LICENSED	
MT 400	Myotherapy - 7 Step Release	40	1.25		
TE 560	Reflexology - Introduction	8	0.25		
MT 200	Swedish Massage	40	1.25		
SUB TOTAL		232	6.50		

CHOOSE A COMBINATION OF SPECIALITIES & ELECTIVES TO EQUAL 489 HOURS

AR	Aromatherapy	100	5.50-6.25		
CRA	Cranial Unwinding	180	7.50		
HN	Holistic Nutrition Specialist	200	12.00		
HY	Hypnotherapy	100	4.75		
MEDM	Medical Massage	100	3.75		
MYO	Myofascial	100	3.00		
TMI	Myotherapy	200	6.25		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.00-7.50		
RE	Reiki	100	2.75		
SPAM	Spa Management	200	10.75		
ST	Spa Treatments	200	7.50		
SPT	Special Touch	100	3.00		
TUINA	Tui Na	200	10.00		
YO	Yoga Teacher Training	200	6.75		
ZEN	Zen Shiatsu	200	7.00		
SUB TOTAL		489	Varies		
TOTAL		1000	Varies		

*If Reflexology Specialty is taken as part of the MT1000 program, TE560 Reflexology – Introduction is no longer required for the MT1000 Diploma

*The following classes are not eligible to be used for clinic hours in the MT-1000 hour programs:

- OS 920 Asian Therapy Clinic
- EC 795 Reiki Clinic Transformational
- EC 799 Reiki Clinic Traditional
- RF 103 Reflexology Clinic
- PC 930 Polarity - Sessions given for Associate Polarity Practitioner
- PC 931 Polarity - Sessions given for Registered Polarity Practitioner
- HY 300 Hypnotherapy III

Student _____ Advisor _____ Date _____

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.