



Professional Massage Practitioner (MT 750)

750 Classroom Hours
 30.75-36.25 Credit Hours
 11 Months Full Time
 22 Months Part Time

Diploma

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy*	60	4.00		
BC 302	Business Practices for Massage Therapists	12	0.75		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00	CC 100	
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 430	Practice Development Portfolio	15	1.00		
BC 110	SOAP Notes	6	0.25		
MASSAGE CORE COURSES SUBTOTAL		279	17.75		
MT 200	Swedish Massage*	40	1.25		
EV 003	Massage Clinic Orientation **	-	-		
MT 750	Massage Clinic – Supervised MT 750	75	1.50	MT 200 or Licensed	
PC 850	Cranial Unwinding I	20	1.00		
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 560	Reflexology - Intro ***	8	0.25		
MASSAGE HANDS-ON CORE COURSES SUBTOTAL		207	6.00		
CHOOSE A COMBINATION OF SPECIALTIES TO TOTAL 180-200 HOURS					
AR	Aromatherapy	100	5.50		
CRA	Cranial Unwinding	180	7.50		
HN	Holistic Nutrition Specialist	200	11.75		
HY	Hypnotherapy	100	4.75		
MEDM	Medical Massage	100	3.75		
MYF	Myofascial	100	3.00		
TMI	Myotherapy	200	6.25		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.50		
RE	Reiki	100	2.75		
ST	Spa Treatments	200	7.50		
SPT	Special Touch	100	3.00		
YO	Yoga Teacher Training	200	6.25		
SPECIALTIES SUBTOTAL		180-200	5.75-11.75		
CHOOSE 64-84 HOURS OF ELECTIVES *Please see advisor for available elective choices that will compliment your specialty choices					
ELECTIVE SUBTOTAL		64-84	2.00-2.75		
TOTAL		750	30.75-36.25		

OTHER AVAILABLE MASSAGE ELECTIVE COURSES

EC 400	Chakras - Intro	16	1.00		
EC 420	Crystal Healing	16	0.50		
EL 201	Meditation - An Introduction I	10	0.25		
EL 202	Meditation - An Introduction II	10	0.25		
EL 220	Face-Lift Acupressure	4	0.25		
EL 600	Canine Massage	4	0.25		
EL 725	Neuro Linguistic Programming (NLP)	20	0.50		
EL 735	Neuromuscular Techniques Featuring Communicative Balancing	12	0.25	MT 200 or Licensed	
EV 370	Hypnotherapy - Clinical Certification Prep	8	0.00		
HH 320	Castor Oil Cleansing Therapy	8	0.25	MT 200 or Licensed	
LS 300 P\$	LaStone - Energetic Stones	27	0.75	LS 400 or Licensed	
LS 400 P\$	LaStone - Deep Stone Therapy	30	1.00	MT 200 or Licensed	
MT 300	Corporate Chair Intro	4	0.25	MT 200 or Licensed	

OE 130	Barefoot Shiatsu	10	0.25		
OE 150	Seated Shiatsu	6	0.25		
OE 620	Thai Massage - Traditional	40	1.25		
OE 640	Thai Massage - Foot Massage	20	0.50		
OS 200	Asian Theory I	40	2.50		
OS 213	Asian Theory II	60	3.25	OS 200	
OS 300	Zen Shiatsu - Form	36	1.00		
OS 310	Zen Shiatsu - Meridian Therapy	40	1.25		
OS 740	Chi Gung - Meridian Exercises	12	0.25		
OS 920	Asian Therapy Clinic	20	0.25		
RF 217	East Indian Head Massage and Beyond	12	0.25	RF 215	
TE 511	Stretching Your Client with Advanced Draping Techniques	4	0.25	MT 200 or Licensed	
TE 512	Posture for Massage Therapists	5	0.25	none	
TE 740	TMJ Release	4	0.25	MT 200 or Licensed	

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

***Required Courses**

****Required Orientation before scheduling into the massage clinic.**

*****If Reflexology Specialty is taken as part of the MT750 program, TE560 Reflexology - Introduction is no longer required for the MT750 Diploma**

The following classes are not eligible to be used for clinic hours in the MT-750 hour programs:

EC 795 Reiki Clinic Transformational

RF 103 Reflexology Clinic

PC 930 Polarity - Sessions given for Associate Polarity Practitioner

OS 920 Asian Therapy Clinic

EC 799 Reiki Clinic Traditional

HY 300 Hypnotherapy III

PC 970 Polarity - Sessions given for Registered Polarity Practitioner

Student

Date

Advisor

Date

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they

share their talents with the world in a loving and profitable way.