



DIPLOMA
Holistic Wellness Practitioner (HWP-OL)
Specializing in Holistic Nutrition & Urban Farming and Conscious Living
 600 Classroom Hours 33.75 Credits
 56 Weeks full time

HOLISTIC WELLNESS & ENTREPRENEURIAL REQUIREMENTS

Code	Course	Clock	Credit	Pre-Requisites	Date
AR 121-OL	Aroma-Auriculotherapy ONLINE	40	2.50		
AR 133-OL	Flower Essences ONLINE	16	1.00		
BC 111-OL	Public Speaking & Writing for Publication ONLINE	40	2.50		
BC 555-OL	Entrepreneurial Business Development ONLINE	40	2.50		
BC 550-OL P\$	Life Coaching – Foundation ONLINE	20	1.25		
BC 561-OL P\$	Life Coaching - Core Strategies, Techniques & Implementation, Part 1 ONLINE	40	2.00	BC 550-OL	
BC 562-OL P\$	Life Coaching - Core Strategies, Techniques & Implementation, Part 2 ONLINE	40	1.75	BC 561-OL	
CC 305-OL	Ethical Consciousness ONLINE	24	1.50		
RF 150-OL	Toe Reading - Reflexology Assessment I - Elemental ONLINE	16	0.50		
SC 210-OL	Homeopathic Remedies - Introduction ONLINE	24	1.50		
Subtotal		300	17.00		

HOLISTIC NUTRITION SPECIALIST (CERTIFICATE OF EXCELLENCE)

HN 121-OL	Nutrition - Foundations of Transformational Healing & Holistic Nutrition	40	2.50		
HN 122-OL	Nutrition - Understanding Micronutrients, Macronutrients, and Supplements for Optimum Health ONLINE	40	2.50	HN101 & HN120 or HN121-OL	
HN 151-OL	Nutrition - Conscious Eating, Behavior Modifications, & Dietary Systems ONLINE	40	2.50	HN101 & HN120 or HN121-OL	
HN 221-OL	Nutrition - Examining Whole & Raw Foods ONLINE	40	1.75	HN101 & HN120 or HN121-OL	
HN 251-OL	Nutrition - Nutritional Assessment & Client Coaching ONLINE	40	2.50	HN101, HN102, & HN150 or HN121-OL, HN122-OL, & HN151-OL	
Subtotal		200	11.75		

URBAN FARMING AND CONSCIOUS LIVING (CERTIFICATE OF EXCELLENCE)

HH 500-OL	Sustainability & Conscious Living ONLINE	15	1.00		
UF 100-OL	Urban Farming - Field-to-Fork ONLINE	40	2.25		
UF 120-OL	Urban Farming - Seed-to-Sale ONLINE	20	1.25	UF 100-OL	
UF 140-OL	Urban Farming Externship ONLINE	25	0.50	HH 500-OL & UF 100-OL	
Subtotal		100	5.00		

Code	Program	Total Hours	Total Credits
HWP-OL	Holistic Wellness Practitioner Diploma ONLINE	600	33.75
TOTALS			

Student _____ Advisor _____

Our mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.