



Certificate of Excellence
Holistic Nutrition ONLINE (HN-OL)
 200 Hours
 11.5 Credits

REQUIRED HOLISTIC NUTRITION CORE COURSES

Code	Course	Clock	Credit	Pre-Requisite	Date
NC 110-OL	Nutrition - Holistic Foundations I ONLINE	45	3.00		
NC 310-OL	Nutrition - Holistic Foundations II ONLINE	60	4.00	NC 110-OL	
NC 340-OL	Nutrition - Supplements Introduction ONLINE	15	1.00		
NC 140-OL	Nutrition - Therapies ONLINE	15	1.00	NC 110-OL or NC 340-OL	
NC 331-OL	Nutrition - Weight Management ONLINE	30	1.50	NC 110-OL or NC 340-OL	
NC 200-OL	Nutrition - Whole Food Cooking ONLINE	20	0.50		
NC 250-OL	Nutrition - Whole Food Cuisine and Recipes ONLINE	15	0.50		
	TOTAL	200	11.50		

Student _____ Date _____

Advisor _____ Date _____

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.