



DIPLOMA Mind Body Wellness Practitioner ONLINE (MBWP-OL)

600 Classroom Hours Credit Hours Vary
12 Months Full Time 18 Months Part Time

graduating great therapists online

MIND BODY WELLNESS & ENTREPRENEURIAL REQUIREMENTS

Code	Course	Clock	Credit	Pre-Requisites	Date
AR 106-OL	Aromatherapy for the Spirit ONLINE	20	1.25		
EL 142-OL	Auriculotherapy ONLINE	16	0.50		
BC 511-OL	Business Development & Entrepreneurial Support ONLINE	48	1.25		
AR 133-OL	Flower Essences ONLINE	16	1.00		
SC 210-OL	Homeopathic Remedies - Introduction ONLINE	24	1.50		
BC 550-OL P\$	Life Coaching - An Introduction ONLINE	20	1.25		
BC 561-OL	Life Coaching - Core Part I ONLINE	40	2.00		
BC 562-OL	Life Coaching - Core Part II ONLINE	40	1.75	BC 561-OL	
CC 302-OL	Mastery Skills for Practitioners ONLINE	30	2.00		
BC 401-OL	Public Speaking ONLINE	15	1.00		
RF 150-OL	Toe Reading - Introduction ONLINE	16	0.50		
BC 410-OL	Writing for Publication ONLINE	15	1.00		
SUB TOTAL		300	26.75		

SPIRITUAL STUDIES MAJOR 200 HOURS, MINOR 100 HOURS

SP 410-OL	Ceremonies & Sacred Space ONLINE	15	1.00		
SP 151-OL	Comparative Religion / Unity & Tolerances ONLINE	25	1.75		
SP 430-OL	Death, Dying & Hospice ONLINE	15	1.00		
SP 420-OL	Ministerial Duties / Ethics & Responsibilities ONLINE	30	2.00		
SP 275-OL	Prayer Therapy ONLINE	15	1.00		
MINOR		100	6.75		
SP 441-OL	Spiritual Coaching & Guidance Mentoring ONLINE	20	1.25		
SP 450-OL	Meditation & Mindfulness ONLINE	15	1.00		
SP 160-OL	Mysticism ONLINE	15	1.00		
SP 445-OL	Universal Laws –Practical Application ONLINE	15	1.00		
SP 333-OL	Archangels ONLINE	15	1.00		
SP 435-OL	Developing Your Spiritual Gifts ONLINE	15	1.00		
MAJOR		200	12.50		

NUTRITION MAJOR 200 HOURS OR MINOR 105 HOURS

NC 110-OL	Nutrition - Holistic Foundations I ONLINE	45	3.00		
NC 311-OL	Nutrition - Holistic Nutrition Foundations II ONLINE	55	4.00	NC 110-OL	
MINOR		100	7.00		
NC 341-OL	Nutrition - Supplements Introduction ONLINE	20	1.00		
NC 140-OL	Nutrition - Therapies ONLINE	15	1.00	NC 110-OL or NC 340-OL	
NC 331-OL	Nutrition - Weight Management ONLINE	30	1.50	NC 110-OL or NC 340-OL	
NC 200-OL	Nutrition - Whole Food Cooking ONLINE	20	0.50		
NC 250-OL	Nutrition - Whole Food Cuisine and Recipes ONLINE	15	0.50		
MAJOR		200	11.50		

HYPNOTHERAPY MAJOR 200 HOURS OR MINOR 100 HOURS

HY 100-OL	Hypnotherapy - Level I ONLINE	20	1.25		
HY 200-OL	Hypnotherapy II ONLINE	40	2.50	HY 100-OL	
HY 300-OL	Hypnotherapy III ONLINE	40	1.00	HY 200-OL	
MINOR		100	4.75		
HY 315-OL	Hypno - Fears, Phobias & Addictions ONLINE	15	1.00	HY 200-OL	
HY 401-OL	Hypnotherapy - Advanced Techniques ONLINE	25	1.00	HY 300-OL	
HY 350-OL	Hypnotherapy - Past-Life Regression ONLINE	20	1.00	HY 300-OL	
HY 421-OL	Hypnotherapy - Script Writing ONLINE	20	1.25	HY 200-OL	
EL 725-OL	NLP - Neuro Linguistic Program ONLINE	20	0.50		
MAJOR		200	9.50		

URBAN FARMING MAJOR 200 HOURS URBAN FARMING EDUCATOR HOURS, MINOR 100 HOURS URBAN FARMING & CONSCIOUS LIVING

HH 500-OL	Sustainability & Conscious Living	15	1.00		
UF 100-OL	Urban Farming - Field-to-Fork	40	2.25		
UF 120-OL	Urban Farming - Seed-to-Sale	20	1.25		
UF 140-OL	Urban Farming Externship	25	0.50		
	MINOR	100	5.00		
UF 200	Urban Agriculture Educator - Got food...Now What?	21	1.00		
UF 210	Urban Agriculture Educator - Herbology Introduction	16	0.75		
UF 220	Urban Agriculture Educator - Advanced Growing Techniques	28	1.75		
UF 230	Urban Agriculture Educator - Small Livestock	15	1.00		
UF 240	Urban Agriculture Educator - Sharing Sustainability	20	1.00		
	MAJOR	200	10.50		

Student _____ Date _____

Advisor _____ Date _____

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.