



# Master Massage Practitioner w/ Natural Aesthetics (MT1000-NA)

Diploma

1000 Classroom Hours  
 43.25 Credit Hours  
 14 Months Full Time  
 29 Months Part Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy	60	4.00		
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 200	Swedish Massage*	40	1.25		
EV 003	Massage Clinic Orientation **	---	-----		
MT 750	Massage Clinic – Supervised MT 750	50	1.25	MT 200 or LICENSED	
<b>MESSAGE CORE COURSES SUBTOTAL</b>		<b>312</b>	<b>16.50</b>		
<b>MESSAGE HANDS ON COURSES TRACK 1: DEEP THERAPY</b>					
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or LICENSED	
	Electives	8	0.25		
MT 400	Myotherapy - 7 Step Release	40	1.25		
TE 690	Trigger Point	16	0.50		
<b>TRACK 1 SUBTOTAL</b>		<b>88</b>	<b>2.75</b>		
<b>MESSAGE HANDS ON COURSES TRACK 2: LIGHT THERAPY</b>					
	Electives	12	0.50		
TE 340	Lymphatic Massage	16	0.50	MT 200 or LICENSED	
EL 112	Myofacial Energetic Massage	20	0.50	MT 200 or LICENSED	
TE 700	Swedish Sedona	40	1.25	MT 200 or LICENSED	
<b>TRACK 2 SUBTOTAL</b>		<b>88</b>	<b>2.75</b>		
<b>NATURAL AESTHETICS COURSES</b>					
NA 500	Natural Aesthetics - White Block	224	11.00		
NA 515	Natural Aesthetics - Blue Block	64	3.00	NA 500	
NA 510	Natural Aesthetics - Green Block	64	3.00	NA 500	
NA 505	Natural Aesthetics - Red Block	64	3.00	NA 500	
NA 932	Natural Aesthetics - Clinic I	32	0.75	NA 500	
NA 152	Natural Aesthetics - Clinic II	152	3.25	NA 500	
<b>NATURAL AESTHETICS SUBTOTAL</b>		<b>600</b>	<b>24.00</b>		
<b>TOTAL</b>		<b>1000</b>	<b>43.25</b>		

\*Required Courses

The following classes are not eligible to be used for clinic hours in the MT-750 hour programs:

OS 920 Asian Therapy Clinic

RF 103 Reflexology Clinic

PC 930 Polarity - Sessions given for Associate Polarity Practitioner

\*\*Required Orientation before scheduling into the massage clinic.

HY 300 Hypnotherapy III

EC 795 Reiki Clinic Transformational

EC 799 Reiki Clinic Traditional

PC 970 Polarity - Sessions given for Registered Polarity Practitioner

Student \_\_\_\_\_ date \_\_\_\_\_

Advisor \_\_\_\_\_ date \_\_\_\_\_

*SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*