### Associate of Occupational Studies in Holistic Health Care
Concentration in: Western Herbalism (AOS/C-WH)

- 60 Credit Hours
- 1062 Classroom Hours
- 96 Instructional Weeks
- 104 Calendar Weeks
- 24 Months Full Time

#### Code | Course | Clock Hours | Credit Hours | Pre-Requisite | Course Dates
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BC 200 | Basic Finance | 16 | 1.00 |  |
BC 105 | Business Writing | 15 | 1.00 |  |
BC 551 P$ | Western Herbalism - Life Coaching - Foundation | 20 | 1.25 |  |
CC 302 | Mastery Skills for Practitioners | 30 | 2.00 |  |
HN 121 | Nutrition - Foundations of Transformational Healing & Holistic Nutrition | 40 | 2.50 |  |
BC 542 | Applied Entrepreneurship | 45 | 3.00 |  |
CC 250 | Psychology Theories - Honoring the Masters | 30 | 2.00 |  |
BC 250 | Statistical Research Project | 16 | 1.00 |  |
BC 402 | Seminar & Presentation | 15 | 1.00 |  |
SM 150 | Ayurveda - Introduction | 30 | 2.00 |  |

**AOS GENERAL EDUCATION REQUIREMENTS SUBTOTAL**

| Code | Course | Clock Hours | Credit Hours | Pre-Requisite | Course Dates |
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BC 540 | Business Development & Entrepreneurial Support | 40 | 2.25 |  |
SC 250 | Botany | 45 | 3.00 |  |
SC 425 | Pathology - WH | 40 | 2.50 | MT 500 |
MT 500 | Physiology | 60 | 4.00 |  |
WH 100 | Western Herbalism - Breaking Ground: Foundations of American Herbal Studies | 30 | 2.00 |  |
WH 210 | Western Herbalism - Sect A - Sowing | 45 | 2.50 | WH 100 |
WH 220 | Western Herbalism - Sect B - Germination | 45 | 2.50 | WH 210 |
WH 230 | Western Herbalism - Sect C - Growth | 45 | 2.50 | WH 220 |
WH 240 | Western Herbalism - Sect D - Harvest | 45 | 2.50 | WH 230 |
WH 275 | Western Herbalism - Herbal Flowers | 16 | 1.00 |  |
WH 280 | Western Herbalism - Herbal Bio Arts Clinic Preparations | 45 | 3.00 | WH 230 |
WH 305 | Western Herbalism - Practicum | 60 | 1.25 | WH 240 |
WH 360 | Western Herbalism - Internship/Externship - Awakening | 49 | 1.00 | WH 100 |
WH 377 | Western Herbalism - Formulary Practicum | 18 | 0.75 | WH 240 |

**WESTERN HERBALISM CORE COURSES SUBTOTAL**

| Code | Course | Clock Hours | Credit Hours | Pre-Requisite | Course Dates |
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WH 250 | Western Herbalism - Herbal Specialties Babies & Children | 8 | 0.50 | WH 100 |
WH 256 | Western Herbalism - The Green Man | 12 | 0.75 | WH 100 |
WH 265 | Western Herbalism - The Herbal Goddess | 18 | 1.00 |  |
WH 291 | Western Herbalism - Desert Medicines | 8 | 0.25 |  |

**TOTAL**

| Code | Course | Clock Hours | Credit Hours | Pre-Requisite | Course Dates |
--- | --- | --- | --- | --- | ---
BC 540 | Business Development & Entrepreneurial Support | 40 | 2.25 |  |
SC 250 | Botany | 45 | 3.00 |  |
SC 425 | Pathology - WH | 40 | 2.50 | MT 500 |
MT 500 | Physiology | 60 | 4.00 |  |
WH 100 | Western Herbalism - Breaking Ground: Foundations of American Herbal Studies | 30 | 2.00 |  |
WH 210 | Western Herbalism - Sect A - Sowing | 45 | 2.50 | WH 100 |
WH 220 | Western Herbalism - Sect B - Germination | 45 | 2.50 | WH 210 |
WH 230 | Western Herbalism - Sect C - Growth | 45 | 2.50 | WH 220 |
WH 240 | Western Herbalism - Sect D - Harvest | 45 | 2.50 | WH 230 |
WH 275 | Western Herbalism - Herbal Flowers | 16 | 1.00 |  |
WH 280 | Western Herbalism - Herbal Bio Arts Clinic Preparations | 45 | 3.00 | WH 230 |
WH 305 | Western Herbalism - Practicum | 60 | 1.25 | WH 240 |
WH 360 | Western Herbalism - Internship/Externship - Awakening | 49 | 1.00 | WH 100 |
WH 377 | Western Herbalism - Formulary Practicum | 18 | 0.75 | WH 240 |
WH 250 | Western Herbalism - Herbal Specialties Babies & Children | 8 | 0.50 | WH 100 |
WH 256 | Western Herbalism - The Green Man | 12 | 0.75 | WH 100 |
WH 265 | Western Herbalism - The Herbal Goddess | 18 | 1.00 |  |
WH 291 | Western Herbalism - Desert Medicines | 8 | 0.25 |  |

**TOTAL**

**1062** Credit Hours

**60.00** Total Credit Hours

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**Other Available Western Herbalism Electives**

- WH 250 Western Herbalism - Herbal Specialties Babies & Children
- WH 256 Western Herbalism - The Green Man
- WH 265 Western Herbalism - The Herbal Goddess
- WH 291 Western Herbalism - Desert Medicines

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**SWIHA’s mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.**

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**Student**

**Date**

**Advisor**

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1-4-18 revised