



**DIPLOMA**  
**Mind-Body Wellness Practitioner (Online) (MBWP-IDL)**  
*Specializing in Clinical Hypnotherapy Practitioner*  
 600 Classroom Hours    32.25 Credits  
 64 Weeks full-time (includes breaks)

**MIND-BODY WELLNESS & ENTREPRENEURIAL REQUIREMENTS**

Code	Course	Clock	Credit	Pre-Requisites	Date
AR 121-OL	Aroma-Auriculotherapy	40	2.50		
AR 133-OL	Flower Essences	16	1.00		
BC 117-OL	Professional Communications	40	2.50		
BC 555-OL	Entrepreneurial Business Development	40	2.50		
BC 550-OL P\$	Life Coaching – Foundation	20	1.25		
BC 561-OL P\$	Life Coaching – Core Strategies, Techniques & Implementation, Part 1	40	2.00	BC 550-OL	
BC 562-OL P\$	Life Coaching – Core Strategies, Techniques & Implementation, Part 2	40	1.75	BC 561-OL	
CC 310-OL	Developing Ethical Consciousness	28	1.75		
RF 150-OL	Toe Reading – Reflexology Assessment I – Elemental	16	0.50		
BC 557-OL	Social Media and Webinar Marketing	20	1.25		
NC 120-OL	Stress Management	15	1.00		
HH 500-OL	Sustainability and Conscious Living	15	1.00		
SP 441-OL	Spirit-Directed Coaching	20	1.25		
	<b>Subtotal</b>	<b>350</b>	<b>20.25</b>		

**CLINICAL HYPNOTHERAPY CORE COURSES**

HY 101-OL	Hypnotherapy – Foundations Level I	20	1.25		
HY 201-OL	Hypnotherapy – Foundations Level II	40	2.50	HY 101-OL	
HY 301-OL	Hypnotherapy – Foundations Level III	40	1.00	HY 201-OL	
HY 315-OL	Hypnotherapy – Fears, Phobias & Addictions	15	1.00	HY 201-OL	
HY 401-OL	Hypnotherapy – Advance Techniques	25	1.00	HY 301-OL	
HY 350-OL	Hypnotherapy – Past Life Regression	20	1.00	HY 301-OL	
HY 421-OL	Hypnotherapy – Script Writing	20	1.25	HY 201-OL	
EL 725-OL	NLP – Neuro Linguistic Programming	20	0.50		
HY 475-OL	Dreams and Metaphors	20	1.00	HY 101-OL	
HY 581-OL	Medical Imagery	22	1.25	HY 201-OL	
HY 370-OL P\$	Hypnotherapy Clinical Certification Preparation	8	0.25	HY 101-OL, HY 201-OL, HY 301-OL	
	<b>TOTAL</b>	<b>250</b>	<b>12.00</b>		

Code	Program	Total Hours	Total Credits
<b>MBWP-IDL</b>	<b>Mind-Body Wellness Practitioner (Online)</b>	<b>600</b>	<b>32.25</b>
	<b>TOTALS</b>		

Student \_\_\_\_\_ Advisor \_\_\_\_\_

*Our mission is to inspire individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*