



SWIHA

COVID-19 Guidelines

As of Monday, August 22nd, 2022, and in alignment with City of Tempe and CDC guidelines due to the fact Maricopa County is currently considered an area of LOW transmission for COVID, SWIHA is aligning with state and federal guidelines:

ADDITIONAL NOTE: Students in All Western Herbalism classes and classes that involve food handling are required to always wear masks.

To ensure we provide a safe learning environment, all students, staff, and faculty must understand and agree to comply with the following health and safety requirements when on campus.

If you do become ill with Covid, or Covid like symptoms, SWIHA recommends the updated CDC guidelines as follows:

1. If you test positive for Covid-19, or are experiencing any of the following symptoms, which are related with the newer strains of Covid-19, you are to stay home and quarantine for 5 days: Headache, fatigue, sinus congestion, sore throat, difficulty breathing, fever, cough, new loss of taste or smell.
2. Report your status to your academic advisor
3. Isolate for 5 days from the start of symptoms. You are likely most infectious during these first 5 days. Wear a high-quality mask when you must be around others at home and in public.
4. If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.
5. If you test negative before the 5 day quarantine is over, you can end your isolation
6. Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.

If you have been exposed to someone who was diagnosed with Covid-19, you may still come to campus. However, you are required to wear a mask for 10 days from the date of exposure and get tested on day 5.

Any student who is experiencing symptoms of illness, or who has questions about any of the above provisions should contact your instructor or Academic Advisor as soon as possible.

Any staff or faculty member experiencing symptoms of illness or who has questions about any of the above provisions should contact Dr. Brad Bouté as soon as possible.

<https://www.cdc.gov/media/releases/2022/p0811-covid-guidance.html>