



# SWIHA

## COVID-19 Guidelines

Effective Thursday, January 13<sup>th</sup>, 2022, and in alignment with City of Tempe and CDC guidelines due to the fact Maricopa County is currently considered an area of high transmission for COVID, SWIHA is aligning with state and federal guidelines:

**At SWIHA and SOY, we RECOMMEND and ENCOURAGE indoor masking for all teachers, staff, students, and visitors regardless of vaccination status.**

**ADDITIONAL NOTE: Students in All Western Herbalism classes and classes that involve food handling are required to always wear masks.**

To ensure we provide a safe learning environment, all students, staff, and faculty must understand and agree to comply with the following health and safety requirements when on campus.

If you do become ill with Covid, or Covid like symptoms, SWIHA follows updated CDC guidelines as follows:

1. If you are experiencing any of the following symptoms, which are related with the newer strains of Covid-19, you are to stay home and quarantine for 5 days: Headache, fatigue, sinus congestion, sore throat, difficulty breathing, fever, cough, new loss of taste or smell.
2. Report your status to your academic advisor
3. Isolate for 5 days.
4. If they are asymptomatic or if your symptoms are resolving (without fever for 24 hours), return to class.
5. Once returned, you are required to wear a mask for 5 days to minimize the risk of infecting people they encounter.

If you have been exposed to someone who was diagnosed with Covid-19, you may still come to campus. However, you are required to wear a mask for 10 days from the date of exposure.

Any student who is experiencing symptoms of illness, or who has questions about any of the above provisions should contact your instructor or Academic Advisor as soon as possible.

Any staff or faculty member experiencing symptoms of illness or who has questions about any of the above provisions should contact Dr. Brad Bouté as soon as possible.