



## ALCOHOL AND DRUG POLICIES

SWIHA does not tolerate the unlawful use, sale, possession and/or distribution of illegal drugs and alcohol.

The information that follows may help inform the campus community of the standards of conduct required with regard to illicit drugs and alcohol and the possible consequences of inappropriate behavior.

### **Alcohol and Drug Prevention and Counseling Services**

SWIHA is a distributor of Arizona Together Newspaper, which is the Arizona recovery community monthly that contains the contact information for each 12-step recovery programs.

The following are local centers to assist any member of the campus community who may have a drug or alcohol problem.

- Alcoholic Anonymous 1-800-890-8054
- Alcohol Evaluations and Counseling 602-278-1714
- Addiction Resources, Inc. 602-233-9401

In addition, the following national toll-free telephone numbers are provided:

- Al-Anon 1-800-356-9996
- American Council on Alcoholism 1-800-527-5344
- National Council on Alcoholism 1-800-622-2252
- National Institute On Drug Abuse Hotline 1-800-662-4357
- Nation Institute on Drug Abuse Helpline 1-800-843-4971

The above agencies can provide guidance and assistance in identifying a counseling, treatment, or rehabilitation program that meets individual needs.

## **Health Risks of Alcohol and Other Drugs**

- Health risks of using alcohol or other drugs include both physical and psychological effects.
- The health consequences of drugs depend on the frequency, duration, and the intensity of use.
- For all drugs, there is a risk of overdose. Overdose can result in coma, convulsions, psychosis, or death. Combinations of certain drugs, such as alcohol and barbiturates, can be lethal. The purity and strength of doses of illegal drugs are uncertain.
- Continued use of substances can lead to tolerance (requiring more and more of a drug to get the same effect), dependence (physical or psychological need), or withdrawal (a painful, difficult and dangerous symptom when stopping the use of drugs).
- Long-term chronic use of drugs can lead to malnutrition, organic damage to the body, and psychological problems. The risk of AIDS and other diseases increases if drugs are injected.
- The consumption of alcohol or drugs by pregnant woman may cause abnormalities (such as Fetal Alcohol Syndrome, the third leading cause of birth defects) in babies.

## **Standards of Conduct**

SWIHA must adhere to a code of conduct that recognizes that the unlawful manufacture, sale, delivery, unauthorized possession, or use of any illicit drug is prohibited on property owned or otherwise controlled by the college. If an individual associated with the school is apprehended for violating any drug or alcohol related law when on campus, the college will fully support and cooperate with federal and state law enforcement agencies.

## **Disciplinary Action for Alcohol or Drug Violations**

Any member of the college community found consuming or selling alcohol or drugs on campus shall be subject to discipline on a case-by-case basis.

- Discipline will be based on the seriousness of the situation.
- Each reviewed case may result in dismissal from the school.
- In all cases, the school will abide by local, state and federal sanctions regarding unlawful possession of drugs and the consumption of alcohol.

## **Federal Trafficking Penalties**

Federal penalties and sanctions may result in penalties anywhere from not less than five (5) years and not more than life in prison, depending on the number of offenses.