



Certificate of Excellence

Health and Wellness Coach

200 Classroom Hours

11.25 credits

Code	Course	Clock	Credit	Pre-Requisites	Date
HC 101	Foundations of Wellness Coaching	20	1.25		
HC 201	Professional Wellness Coaching and Ethics	40	2.00	HC 101	
HC 301	Advanced Wellness Coaching 1	30	1.50	HC 201	
HC 302	Advanced Wellness Coaching 2	30	1.50	HC 301	
HC 155	Anatomy of Wellness	30	1.75		
HC 156	Health Conditions	30	1.75		
HC 401	NBHC Exam Prep	20	1.50	HWC 200	
	Subtotal	200	11.25		

Student

Date

Advisor

Date

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.