



Certificate of Excellence Life Coaching (LC)

100 Classroom Clock Hours

5.00 Credit Hours

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
LC 111	Introduction to Life Coaching	20	1.25		
LC 121	Life Coaching – Heart Centered Approach Part 1	40	1.75	LC 111	
LC 131	Life Coaching – Heart Centered Approach Part 2	40	2.00	LC 121	
	TOTAL	100	5.00		

*SWIHA is not affiliated with the International Coaching Federation and International Association of Coaching. Please contact these organizations for information on their optional certification and membership programs

Student date

Advisor date

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.