



Certificate of Excellence
Mindfulness and Guided Imagery Facilitator

100 Hours
 4.75 Credits

MINDFULNESS AND GUIDED IMAGERY FACILITATOR COURSES

Code	Course	Clock	Credit	Pre-Requisites	Date
MG 101	Mindfulness and Guided Imagery Introduction	20	1.25		
MG 201	Mindful Guided Imagery	20	1.25		
MG 301	Mindfulness Strategies	40	1.75		
MG 401	Mindfulness and Guided Imagery Practicum	20	0.50	MG 301	
	Subtotal	100	4.75		

Student _____ Advisor _____

Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.