



Certificate of Excellence Cranial Unwinding (CRA)

200 Classroom Hours
8.50 Credit Hours

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Dates
PC 850	Cranial Unwinding I	20	1.00		
PC 860	Cranial Unwinding II	24	1.00	PC 850	
PC 870	Cranial Unwinding III	24	1.00	PC 850	
PC 880	Cranial Unwinding IV	24	1.00	PC 850	
PC 855	Cranial Anatomy - Listening Skills	16	0.75	PC 850	
PC 400	Polarity - Communication, Resonance, and Relations I	32	2.00	PC100 or PC 850	
PC 200	Polarity APP/Cranial - Practicum	30	1.25	PC100	
PC 931	Cranial Unwinding - Sessions Given	30	0.50	PC 850	
TOTAL		200	8.50		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

Student date

Advisor date

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.