



Certificate of Excellence Polarity Associate Polarity Practitioner (POL-APP)

200 Classroom Clock Hours

9.00 Credit Hours

| Code | Course | Clock Hours | Credit Hours | Pre-Requisite | Course Dates |
|--------------|--|-------------|--------------|------------------|--------------|
| PC 850 | Cranial Unwinding I | 20 | 1.00 | | |
| PC 930 | Polarity- Sessions Given | 30 | 0.50 | PC 100 + PC 400 | |
| PC 200 | Polarity APP/Cranial - Practicum | 30 | 1.25 | PC 100 + PC 400 | |
| PC 100 | Polarity - Basic I | 20 | 1.00 | | |
| PC 150 | Polarity - Basic II | 48 | 2.25 | PC 100 | |
| PC 400 | Polarity - Communication, Resonance, & Relations I | 32 | 2.00 | PC 100 or PC 850 | |
| PC 700 | Polarity - Reflexology | 20 | 1.00 | PC 100 & PC 400 | |
| TOTAL | | 200 | 9.00 | | |

POLARITY - ELECTIVE COURSES

| | | | | | |
|------------|---|----|------|--|--|
| PC 110 P\$ | Polarity - Trance Counseling | 24 | 1.00 | | |
| PC 601 P\$ | Polarity - Seat of the Teacher - Introduction | 20 | 0.75 | | |
| PC 602 P\$ | Polarity - Seat of the Teacher Intermediate | 20 | 0.75 | | |
| PC 250 | Polarity - APP Techniques Review | 16 | 0.25 | | |

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

* To meet American Polarity Therapy Association requirements, the student must receive five (5) Polarity sessions from a Polarity RPP.

The financial commitment of these five sessions can be as much as \$500.

Student date

Advisor date

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.