



Spa Treatments (ST)

200 Classroom Clock Hours

Certificate of Excellence

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
ST 101	Spa Treatments - Professional Foundation	8	0.50		
ST 102	Spa Treatments - Clay & Sea Mineral Masks	8	0.25		
ST 103	Spa Treatments - Custom Seasonal Treatments	8	0.25		
EC 146	Spa Lomi Massage	24	0.75	MT 200 or Licensed	
AR 100	Aromatherapy - Intro	20	1.25		
AR 300	Aromatherapy for Tone/Detox	4	0.25		
AR 109	Aromatherapy - Ginger Compress	4	0.25		
AR 125	Aromatherapy - Essential Oil Hydrating Wrap	8	0.25		
RF 215	East Indian Head Massage - Basic	8	0.25		
RF 216	East Indian Head Massage - Advanced	8	0.25	RF 215	
TE 340	Lymphatic Massage	16	0.50	MT 200 or Licensed	
ST 355	Sugar Polish & Salt Glow Massage	8	0.50	MT 200 or Licensed	
TE 560	Reflexology - Intro	8	0.25		
RF 102	Reflexology - Balance & Being	20	0.75		
EC 700	Reiki I - Traditional	16	0.50		
	SPA TREATMENT CORE COURSES SUB TOTAL	168	6.75		
<i>CHOOSE 32 HOURS OF ELECTIVES</i>					
AR 425	Aromatherapy - Massage with Oils	16	0.50		
RF 145	Reflexology - Sole Points	16	0.5		
OE 640	Thai Massage - Foot Massage	20	0.5		
AR 115	Aromatherapy - Foot Chakra Reflexology	8	0.25		
TE 701	Swedish Sedona	20	0.75	MT 200 or Licensed	
	ELECTIVE SUB TOTAL	32			
	TOTAL	200			

These program requirements fulfill the requirements for the state of AZ.

Student date

Advisor date

SWIHA's mission is to help individuals discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.