



## Associate of Occupational Studies in Holistic Health Care Concentration in: Western Herbalism (AOS/C-WH)

60 Credit Hours  
1062 Classroom Hours  
24 Months Full Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
BC 200	Basic Finance	16	1.00		
BC 105	Business Writing	15	1.00		
BC 550 P\$	Life Coaching - An Introduction	20	1.25		
CC 302	Mastery Skills for Practitioners	30	2.00		
HN 121	Nutrition - Foundations of Transformational Healing & Holistic Nutrition	40	2.50		
BC 401	Public Speaking	15	1.00		
CC 250	Psychology Theories - Honoring the Masters	30	2.00		
BC 250	Statistical Research Project	16	1.00		
BC 402	Seminar & Presentation	15	1.00		
NC 120	Stress Management	15	1.00		
HH 500	Sustainability & Conscious Living	15	1.00		
BC 410	Writing for Publication	15	1.00		
	<b>AOS GENERAL EDUCATION REQUIREMENTS SUBTOTAL</b>	<b>242</b>	<b>15.75</b>		
SM 150	Ayurveda - Introduction	30	2.00		
BC 540	Business Development & Entrepreneurial Support	40	2.25		
	<b>AOS CORE COURSES SUBTOTAL</b>	<b>70</b>	<b>4.25</b>		
SC 250	Botany	45	3.00		
SC 425	Pathology - WH	40	2.50	MT 500	
MT 500	Physiology	60	4.00		
WH 100	Western Herbalism - Breaking Ground: Foundations of American Herbal Studies	30	2.00		
WH 210	Western Herbalism - Sect A - Sowing	45	2.50	WH 100	
WH 220	Western Herbalism - Sect B - Germination	45	2.50	WH 210	
WH 230	Western Herbalism - Sect C - Growth	45	2.50	WH 220	
WH 240	Western Herbalism - Sect D - Harvest	45	2.50	WH 230	
WH 275	Western Herbalism - Herbal Flowers	16	1.00		
WH 280	Western Herbalism - Herbal Bio Arts Clinic Preparations	45	3.00	WH 230	
WH 300	Western Herbalism - Externship - Flight	60	1.25	WH 240	
WH 355	Western Herbalism - Master Project	49	1.00	WH 100	
WH 377	Western Herbalism - Formulary Practicum	18	0.75	WH 240	
	<b>WESTERN HERBALISM CORE COURSES SUBTOTAL</b>	<b>543</b>	<b>28.5</b>		
<b>CHOOSE 12.25 CREDITS OF SPECIALTIES AND/OR ELECTIVES</b>					
<b>SPECIALTY COMBINATION</b> *Please see advisor for list of other available elective choices that will complement your chosen specialty.					
AR	Aromatherapy	100	5.50		
UFC	Urban Farming & Conscious Living	100	5.00		
<b>ELECTIVE COMBINATION THAT COMPLEMENTS ABOVE SPECIALTY CHOICES</b> *Please see advisor for list of other available elective choices that will complement your chosen specialty.					
WH 365	Western Herbalism - Manufacturing & Remedy Production	14	0.50	WH 100	
	<b>SPECIALTIES &amp; ELECTIVES SUBTOTAL</b>		<b>11.50</b>		
	<b>TOTAL</b>	<b>1062</b>	<b>60.00</b>		
Other Available Western Herbalism Electives					
WH 250	Western Herbalism - Herbal Specialties Babies & Children	8	0.50		
WH 256	Western Herbalism - The Green Man	12	0.75	WH 100	
WH 265	Western Herbalism - The Herbal Goddess	18	1.00		
WH 291	Western Herbalism - Desert Medicines	8	0.25		

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.

Student \_\_\_\_\_

Date \_\_\_\_\_

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Advisor