



Associate of Occupational Studies in Holistic Health Care Concentration in: Western Herbalism (AOS/C-WH)

60 Credit Hours/1062 Classroom Hours
96 Instructional Weeks/104 Calendar Weeks
24 Months Full Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
BC 200	Basic Finance	16	1.00		
BC 105	Business Writing	15	1.00		
BC 551 P\$	Western Herbalism - Life Coaching - Foundation	20	1.25		
CC 302	Mastery Skills for Practitioners	30	2.00		
HN 121	Nutrition - Foundations of Transformational Healing & Holistic Nutrition	40	2.50		
BC 542	Applied Entrepreneurship	45	3.00		
CC 250	Psychology Theories - Honoring the Masters	30	2.00		
BC 250	Statistical Research Project	16	1.00		
BC 402	Seminar & Presentation	15	1.00		
SM 150	Ayurveda - Introduction	30	2.00		
AOS GENERAL EDUCATION REQUIREMENTS SUBTOTAL		257	16.75		

BC 540	Business Development & Entrepreneurial Support	40	2.25		
SC 250	Botany	45	3.00		
SC 425	Pathology - WH	40	2.50	MT 500	
MT 500	Physiology	60	4.00		
WH 100	Western Herbalism - Breaking Ground: Foundations of American Herbal Studies	30	2.00		
WH 210	Western Herbalism - Sect A - Sowing	45	2.50	WH 100	
WH 220	Western Herbalism - Sect B - Germination	45	2.50	WH 210	
WH 230	Western Herbalism - Sect C - Growth	45	2.50	WH 220	
WH 240	Western Herbalism - Sect D - Harvest	45	2.50	WH 230	
WH 275	Western Herbalism - Herbal Flowers	16	1.00		
WH 280	Western Herbalism - Herbal Bio Arts Clinic Preparations	45	3.00	WH 230	
WH 305	Western Herbalism - Practicum	60	1.25	WH 240	
WH 360	Western Herbalism - Internship/Externship - Awakening	49	1.00	WH 100	
WH 377	Western Herbalism - Formulary Practicum	18	0.75	WH 240	
WESTERN HERBALISM CORE COURSES SUBTOTAL		583	30.75		

CHOOSE 12.5 CREDITS OF SPECIALTIES AND/OR ELECTIVES

SPECIALTY COMBINATION *Please see advisor for list of other available elective choices that will complement your chosen specialty.

AR	Aromatherapy	100	5.50		
----	--------------	-----	------	--	--

ELECTIVE COMBINATION THAT COMPLEMENTS ABOVE SPECIALTY CHOICES *Please see advisor for list of other available elective choices that will complement your chosen specialty.

WH 365	Western Herbalism - Manufacturing & Remedy Production	14	0.50	WH 100	
SPECIALTIES & ELECTIVES SUBTOTAL			12.50		
TOTAL		1062	60.00		

Other Available Western Herbalism Electives

WH 250	Western Herbalism - Herbal Specialties Babies & Children	8	0.50		
WH 256	Western Herbalism - The Green Man	12	0.75	WH 100	
WH 265	Western Herbalism - The Herbal Goddess	18	1.00		
WH 291	Western Herbalism - Desert Medicines	8	0.25		

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.

Student _____ Date _____

Advisor _____