



# Integrative Healing Arts Practitioner

750 Classroom Hours  
 34.25 - 42.00 Credit Hours  
 Full-Time: 75 Weeks  
 VA Option 1: 34 Weeks

# Diploma

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
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### Holistic Entrepreneur Courses

Code	Course	Clock	Credit	Pre-Requisites	Date
BC 541	Business Development and Entrepreneurial Support	44	2.25		
BC 542	Applied Entrepreneurship	45	3.00		
BC 530	Introduction to Entrepreneurship & Self-Empower	15	1.00		
<b>Subtotal</b>		<b>104</b>	<b>6.25</b>		

### Transpersonal Psychology and Coaching Courses

Code	Course	Clock	Credit	Pre-Requisites	Date
BC 550 P\$	Life Coaching Foundations	20	1.25		
TP 100	Diversity & Developing Ethical Consciousness	24	1.50		
TP 110	Stress Management & Psychological Acupressure (EFT)	24	1.50		
TP 120	Transpersonal Psychology – Awaken the Hero Within	24	1.50		
CC 130	Psychology of Addiction – Understanding the Shadow	30	2.00		
TP 150	Introduction to Building Resiliency	24	1.50		
<b>Subtotal</b>		<b>146</b>	<b>9.25</b>		

### Option 1: Holistic Nutrition, Yoga, and Yoga Nidra Focus

Code	Course	Clock	Credit	Pre-Requisites	Date
	Holistic Nutrition	200.00	11.75		
	Yoga Teacher Training	200.00	6.25		
	Yoga Nidra	100.00	4.50		
<b>Subtotal</b>		<b>500.00</b>	<b>22.50</b>		

### Option 2: Holistic Nutrition, Coaching, and Hypnotherapy Focus

Code	Course	Clock	Credit	Pre-Requisites	Date
	Holistic Nutrition	200.00	11.75		
	Life Coaching - Core Strategies and Advanced Techniques	100.00	5.00		
	Hypnotherapy Foundation	100.00	4.75		
	Elective	100.00	5.00		
<b>Subtotal</b>		<b>500.00</b>	<b>26.50</b>		

### Option 3: Yoga and Coaching Focus

Code	Course	Clock	Credit	Pre-Requisites	Date
	Reiki - (any)	100.00	2.75		
	Life Coaching - Core Strategies and Advanced Techniques	100.00	5.00		
	Transformational Yoga Coaching	100.00	4.75		
	Yoga Teacher Training	200.00	6.25		
<b>Subtotal</b>		<b>500.00</b>	<b>18.75</b>		

### Option 4: Hypnotherapy, Coaching, and Mindfulness Focus

Code	Course	Clock	Credit	Pre-Requisites	Date
	Hypnotherapy Certificate of Excellence	100.00	4.75		
	Clinical Hypnotherapy Practitioner (requires HY COE)	190.00	9.25		
	Aromatherapy for Hypnotherapy	10.00	0.50		
	Life Coaching - Core Strategies and Advanced Techniques	100.00	5.00		
	Intuitive Angel Guide	100.00	5.00		
<b>Subtotal</b>		<b>500.00</b>	<b>24.50</b>		

### Option 5: Spiritual Transformation Focus

Code	Course	Clock	Credit	Pre-Requisites	Date
	Spiritual Leadership and Celebrant*	200.00	12.50		
	Reiki - (any)	100.00	5.00		
	Intuitive Angel Guide	100.00	5.00		
	Life Coaching - Core Strategies and Advanced Techniques	100.00	5.00		
<b>Subtotal</b>		<b>500.00</b>	<b>27.50</b>		

\*spiritual studies courses not available at this time. Please check with you advisor for options.

**CHOOSE A COMBINATION OF SPECIALTIES AND ELECTIVES TOTALING 500 CLOCK HOURS**

AR	Aromatherapy	100	5.50		
CHP	Clinical Hypnotherapy	190	9.25		
CRA	Cranial Unwinding	200	8.50		
IAG	Intuitive Angel Guide	100	4.75		
HN	Holistic Nutrition Specialist*	160	9.25		
HY	Hypnotherapy	80	3.50		
LC	Life Coaching	80	3.75		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.50		
RE	Reiki	100	2.75		
YO	Unity Yoga Teacher Training*	200	6.25		
YO-N	Yoga Nidra	100	4.50		

**COURSE ELECTIVES** Please see advisor for available elective choices that will complement your specialty choices.

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Student date

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Advisor date

*SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*