



Professional Massage Practitioner (MT 750) - Ayurvedic Bodywork Track

Diploma

750 Classroom Hours

33.25-35 Credits

45 Instructional Weeks/48 Calendar Weeks

11 Months Full Time

Code	Course	Hours	Hours	Pre-Requisite	Dates
MT 115	Anatomy	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 500	Physiology	60	4.00		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
BC 304	Business Practices for Massage Therapists	20	1.00		
MT 520	First Aid	7	0.25		
MT 540	Comprehensive CPR	5	0.25		
SC 415	Pathology - BW	40	2.50		
PC 400	Polarity Communications - Communications, Resonance, & Relations 1 (or CC 100/101 Communication Skills for Practitioners I & II)	32	2.00		
PC 100	Polarity – Basic I	20	1.00		
BC 301	Ethics for Massage Therapists	8	0.50		
BC 441	Resiliency and Self Care for Massage Therapists	7	0.50		
	MESSAGE CORE COURSES SUBTOTAL	301	18.5		
MT 200	Swedish Massage	40	1.25		
PC 850	Cranial Unwinding I	20	1.00		
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
RF 201	Reflexology - A Western Approach for Body Workers	20	0.75		
OE 320	Hand & Wrist Health Maintenance	4	0.25		
MT 993a	Massage Clinic - Supervised MT 750: Block I	23	0.50	MT 200 or Licensed	
MT 993b	Massage Clinic - Supervised MT 750: Block II	23	0.50	MT 200 or Licensed	
MT 993c	Massage Clinic - Supervised MT 750: Block III	23	0.50	MT 200 or Licensed	
TE 364	Massage Sideline Techniques w/Deep Listening	16	0.50	PC 100 or PC 850	
EV 003	Massage Clinic Orientation	-	-		
	MESSAGE HANDS-ON CORE COURSES SUBTOTAL	233	7.25		
PC 700	Polarity - Reflexology	20	1.00	PC 100 & PC 400	
EC 700	Reiki I - Traditional	16	0.50		
EC 711	Reiki II – Traditional	16	0.50	EC 700	
EC 720	Reiki III - Traditional	8	0.25		
PC 860	Cranial Unwinding II	24	1.00	PC 850	
PC 870	Cranial Unwinding III	24	1.00	PC 850	
PC 150	Polarity - Basic II	48	2.25	PC 100	
PC 960	Polarity- Sessions Given	30	0.50	PC 100 + PC 400	
PC 200	Polarity APP/Cranial - Practicum	30	1.25	PC 100 + PC 400	
	Energetic Massage Classes	216	8.25		
	TOTAL	750	34		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

Student _____ Date _____

Advisor _____

6.30.21