



Professional Massage Practitioner (MT 750) - Advanced Polarity Specialist

750 Classroom Hours

33.25 - 35 Credits

45 Instructional Weeks/48 Calendar Weeks

11 Months Full Time

SOUTHWEST INSTITUTE
of HEALING ARTS
graduating great people worldwide

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Date
MT 115	Anatomy	60	4.00		
SC 415	Pathology - BW	40	2.50		
MT 540	Comprehensive CPR	5	0.25		
MT 520	First Aid	7	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
MT 500	Physiology	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 200	Swedish Massage	40	1.25		
BC 304	Business Practices for Massage Therapists	20	1.25	CC 100	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
MT 967	Massage Clinic Supervised - MT 750 APS	20	0.75	MT 200 or Licensed	
EV 003	Massage Clinic Orientation	-	-		
Elective	8 hours	8	0.50		
MESSAGE CORE COURSES SUBTOTAL		342	18.50		
POLARITY COURSES					
PC 850	Cranial Unwinding I	20	1.00		
PC 100	Polarity - Basic I	20	1.00		
PC 150	Polarity - Basic II	48	2.25	PC 100	
PC 400	Polarity - Communication, Resonance, & Relations I	32	2.00		
PC 993	Polarity - Communication, Resonance, & Relations II	32	2.00	PC 400	
PC 700	Polarity - Reflexology	20	1.00		
PC 860	Cranial Unwinding II	24	1.00	PC 850	
PC 870	Cranial Unwinding III	24	1.00	PC 850	
PC 987	Polarity - 5 & 6 Point Star	32	1.00	PC 150	
PC 999	Polarity - Autonomic Nervous System	24	0.75		
PC 942	Polarity - Dr. Stone's Energy Exercises & Mystic Philosophy	16	0.25		
PC 998	Polarity - Spinal Balancing	24	0.75		
PC 570	Polarity - Advanced Elements	32	1.00	PC 150	
PC 200	Polarity APP/Cranial - Practicum	30	1.25	PC 100, PC 400	
PC 960	Polarity- Sessions Given	30	0.50	PC 150, PC 200, PC 400	
POLARITY CORE SUBTOTAL		408	16.75		
TOTAL		750	35.25		

These program requirements fulfill the requirements for the state of AZ.

*Required Courses **Required Orientation before scheduling into the massage clinic.

Student _____ date _____

Advisor _____ date _____

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.