



# Professional Massage Practitioner (MT 750) - Energetic Track

Diploma

750 Classroom Hours  
 33.25-35 Credits  
 45 Instructional Weeks/48 Calendar Weeks  
 11 Months Full Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 500	Physiology	60	4.00		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
BC 301	Ethics for Massage Therapists	8	0.50		
BC 302	Business Practices for Massage Therapists	12	0.75		
MT 521	First Aid	8	0.25		
MT 530	CPR Certification	4	0.25		
SC 415	Pathology - BW	40	2.50		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00	CC 100	
BC 430	Practice Development Portfolio	15	1.00		
	<b>MESSAGE CORE COURSES SUBTOTAL</b>	<b>279</b>	<b>17.75</b>		
MT 200	Swedish Massage	40	1.25		
PC 850	Cranial Unwinding I	20	1.00		
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
CB 400	Mother Touch	8	0.25		
RF 201	Reflexology - A Western Approach for Body Workers	20	0.75		
MT 975	Massage Clinic – Supervised MT 750	75	1.50	MT 200 or Licensed	
EV 003	Massage Clinic Orientation	-	-		
	<b>MESSAGE HANDS-ON CORE COURSES SUBTOTAL</b>	<b>227</b>	<b>6.75</b>		
PC 100	Polarity - Basic I	20	1.00		
PC 700	Polarity - Reflexology	20	1.00	PC 100 & PC 400	
EC 700	Reiki I - Traditional	16	0.50		
PC 860	Cranial Unwinding II	24	1.00	PC 850	
PC 400	Polarity - Communication, Resonance, & Relations I	32	2.00	PC 100 or PC 850	
PC 870	Cranial Unwinding III	24	1.00	PC 850	
PC 150	Polarity - Basic II	48	2.25	PC 100	
PC 960	Polarity- Sessions Given	30	0.50	PC 100 + PC 400	
PC 200	Polarity APP/Cranial - Practicum	30	1.25	PC 100 + PC 400	
	<b>Energetic Massage Classes</b>	<b>244</b>	<b>10.50</b>		
	<b>TOTAL</b>	<b>750</b>	<b>35</b>		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

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 Student Date

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 Advisor Date

6/26/2019