



Professional Massage Practitioner (MT 750) - Therapeutic Track

Diploma

750 Classroom Hours
 33.25 - 35 Credits
 45 Instructional Weeks/48 Calendar Weeks
 11 Months Full Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 500	Physiology	60	4.00		
MT 151	Kinesiology - Anatomical Applications	36	2.25		
BC 304	Business Practices for Massage Therapists	20	1.25	CC 100	
MT 520	First Aid	7	0.25		
MT 540	Comprehensive CPR	5	0.25	MT 115	
SC 415	Pathology - BW	40	2.50		
PC 100	Polarity – Basic I	20	1.00		
PC 400	Polarity Communications - Communications, Resonance, & Relations 1 (or CC 100/101 Communication Skills for Practitioners I & II)	32	2.00		
BC 301	Ethics for Massage Therapists	8	0.50		
BC 441	Resiliency and Self-Care for Massage Therapists	7	0.50		
	MESSAGE CORE COURSES SUBTOTAL	301	18.75		
MT 200	Swedish Massage	40	1.25		
PC 850	Cranial Unwinding I	20	1.00		
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
RF 201	Reflexology - A Western Approach for Body Workers	20	0.75		
MT 993a	Massage Clinic - Supervised MT 750: Block I	23	0.50	MT 200 or Licensed	
MT 993b	Massage Clinic - Supervised MT 750: Block II	23	0.50	MT 200 or Licensed	
MT 993c	Massage Clinic - Supervised MT 750: Block III	23	0.50	MT 200 or Licensed	
EV 003	Massage Clinic Orientation	-	-		
	MESSAGE HANDS-ON CORE COURSES SUBTOTAL	213	6.5		
AR 100	Aromatherapy - Intro	20	1.25		
EC 146*	SpaLomi Massage*	24	0.75		
EC 700	Reiki I - Traditional	16	0.50		
TE 340	Lymphatic Massage	16	0.50		
TE 320	Lower Back Pain Release	8	0.25		
TE 600	Rock & Unlock	12	0.25		
TE 650	Sports Massage - Intro	8	0.25		
TE 364	Massage Sideline with Deep Listening	16	0.50		
TE 143	Breast Health Intro	4	0.25		
TE 402	Medical Massage for Cancer Survivors	16	0.75		
OE 320	Hand and Wrist Maintenance	4	0.25		
TE 225	Rotator Cuff/Shoulder Joint	8	0.25		
TE 662	Hydrotherapy / Injury Management	20	0.75		
TE 380	Neck Release	8	0.25		
TE 160	Carpal Tunnel/Thoracic Outlet Release	8	0.25		
TE 690	Trigger Point	16	0.50		
TE 260	Fibromyalgia Therapy	16	0.50		
TE 302	Elder Touch - Medical	16	0.50		
	Massage Classes	236	8.50		
	TOTAL	750	33.75		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

* may sub with TE422 Medical Conditions - Deep & Light Touch (16 hrs) and ST 101 Spa Treatments - Professional Foundations (8 hrs)

Student _____ Date _____

Advisor _____

6.30.21