



# Professional Massage Practitioner (MT 750) - Therapeutic Track

Diploma

750 Classroom Hours

33.25 - 35 Credits

45 Instructional Weeks/48 Calendar Weeks

11 Months Full Time

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 500	Physiology	60	4.00		
MT 151	Kinesiology - Anatomical Applications	36	2.25		
BC 301	Ethics for Massage Therapists	8	0.50		
BC 302	Business Practices for Massage Therapists	12	0.75	CC 100	
MT 521	First Aid	8	0.25		
MT 530	CPR Certification	4	0.25	MT 115	
SC 415	Pathology - BW	40	2.50		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00		
BC 430	Practice Development Portfolio	15	1.00		
	<b>MESSAGE CORE COURSES SUBTOTAL</b>	<b>279</b>	<b>17.75</b>		
MT 200	Swedish Massage	40	1.25		
PC 850	Cranial Unwinding I	20	1.00		
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
CB 400	Mother Touch	8	0.25		
RF 201	Reflexology - A Western Approach for Body Workers	20	0.75		
MT 975	Massage Clinic – Supervised MT 750	75	1.50	MT 200 or Licensed	
EV 003	Massage Clinic Orientation	-	-		
	<b>MESSAGE HANDS-ON CORE COURSES SUBTOTAL</b>	<b>227</b>	<b>6.75</b>		
AR 100	Aromatherapy - Intro	20	1.25		
EC 146*	SpaLomi Massage*	24	0.75		
EC 700	Reiki I - Traditional	16	0.50		
TE 340	Lymphatic Massage	16	0.50		
TE 320	Lower Back Pain Release	8	0.25		
TE 600	Rock & Unlock	12	0.25		
TE 650	Sports Massage - Intro	8	0.25		
EL 128	Myofascial Energetic Massage: Adv. Tissue Talk	16	0.50		
TE 143	Breast Health I	4	0.25		
TE 144	Breast Health II	4	0.25		
TE 402	Medical Massage for Cancer Survivors	16	0.75		
EL 720	Thumbless Therapy	8	0.25		
TE 225	Rotator Cuff/Shoulder Joint	8	0.25		
TE 662	Hydrotherapy / Injury Management	20	0.75		
TE 380	Neck Release	8	0.25		
TE 160	Carpal Tunnel/Thoracic Outlet Release	8	0.25		
TE 690	Trigger Point	16	0.50		
TE 260	Fibromyalgia Therapy	16	0.50		
TE 302	Elder Touch - Medical	16	0.50		
	<b>Massage Classes</b>	<b>244</b>	<b>8.75</b>		
	<b>TOTAL</b>	<b>750</b>	<b>33.25</b>		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

\* may sub with TE422 Medical Conditions - Deep & Light Touch (16 hrs) and ST 101 Spa Treatments - Professional Foundations (8 hrs)

Student \_\_\_\_\_ Date \_\_\_\_\_

Advisor \_\_\_\_\_ Date \_\_\_\_\_

7/23/2019