



Master Massage Practitioner w/ Natural Aesthetics (MT 1000-NA)

1000 Classroom Hours

43.00 Credit Hours

55 Instructional Week/60 Calendar Weeks

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Date
MT 115	Anatomy*	60	4.00		
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 110	SOAP Notes	6	0.25		
MT 200	Swedish Massage*	40	1.25		
EV 003	Massage Clinic Orientation **	-	-		
MT 950	Massage Clinic – Supervised MT1000 w/NA	50	1.00	MT 200	
	MESSAGE CORE COURSES SUBTOTAL	312	16.25		
MESSAGE HANDS ON COURSES					
EC 146	SpaLomi Massage	24	0.75	MT 200	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200	
	Bodywork Electives	24	0.25		
	TOTAL	88	2.25		
NATURAL AESTHETICS COURSES					
NA 500	Natural Aesthetic - White Block	224	11.00		
NA 515	Natural Aesthetics - Blue Block	64	3.00	NA 500	
NA 510	Natural Aesthetic - Green Block	64	3.00	NA 500	
NA 505	Natural Aesthetics - Red Block	64	3.00	NA 500	
NA 932	Natural Aesthetics - Clinic I	32	0.75	NA 500	
NA 152	Natural Aesthetics - Clinic II	152	3.25	NA 500	
	NATURAL AESTHETICS SUB TOTAL	600	24.00		
	TOTAL	1000	43.00		

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

*Required Courses **Required Orientation before scheduling into the massage clinic.

Student _____ date _____

Advisor _____ date _____

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.

6/19/2019