



Professional Massage Practitioner (MT 750)

750 Classroom Hours
30.75-36.25 Credit Hours
11 Months Full Time

Diploma

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
MT 115	Anatomy*	60	4.00		
BC 302	Business Practices for Massage Therapists	12	0.75		
CC 100	Communication Skills for Practitioners I	15	1.00		
CC 101	Communication Skills for Practitioners II	15	1.00	CC 100	
MT 530	CPR Certification	4	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
MT 521	First Aid	8	0.25		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
SC 415	Pathology - BW	40	2.50		
MT 500	Physiology	60	4.00		
BC 430	Practice Development Portfolio	15	1.00		
BC 110	SOAP Notes	6	0.25		
MASSAGE CORE COURSES SUBTOTAL		279	17.75		
MT 200	Swedish Massage*	40	1.25		
EV 003	Massage Clinic Orientation **	-	-		
MT 750	Massage Clinic – Supervised MT 750	75	1.50	MT 200 or Licensed	
PC 850	Cranial Unwinding I	20	1.00		
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
TE 560	Reflexology - Intro ***	8	0.25		
MASSAGE HANDS-ON CORE COURSES SUBTOTAL		207	6.00		
CHOOSE A COMBINATION OF SPECIALTIES TO TOTAL 180-200 HOURS					
AR	Aromatherapy	100	5.50		
CRA	Cranial Unwinding	180	7.50		
MEDM	Medical Massage	100	3.75		
MYF	Myofascial	100	3.00		
TMI	Myotherapy	200	6.25		
POL-APP	Polarity - Associate Polarity Practitioner	200	9.00		
RF	Reflexology	200	7.50		
RE	Reiki	100	2.75		
ST	Spa Treatments	200	7.50		
SPT	Special Touch	100	3.00		
SPECIALTIES SUBTOTAL		180-200	5.75-11.75		
CHOOSE 64-84 HOURS OF ELECTIVES *Please see advisor for available elective choices that will complement your specialty choice					
ELECTIVE SUBTOTAL		64-84	2.00-2.75		
TOTAL		750	30.75-36.25		

OTHER AVAILABLE MASSAGE ELECTIVE COURSES

EC 400	Chakras - Intro	16	1.00		
EC 420	Crystal Healing	16	0.50		
EL 220	Face-Lift Acupressure	4	0.25		
EL 600	Canine Massage	4	0.25		
EL 725	Neuro Linguistic Programming (NLP)	20	0.50		
HH 320	Castor Oil Cleansing Therapy	8	0.25	MT 200 or Licensed	
MT 300	Corporate Chair Intro	4	0.25	MT 200 or Licensed	
OE 130	Barefoot Shiatsu	10	0.25		
OE 150	Seated Shiatsu	6	0.25		
OE 620	Thai Massage - Traditional	40	1.25		
OE 640	Thai Massage - Foot Massage	20	0.50		
OS 300	Zen Shiatsu - Form	36	1.00		
OS 310	Zen Shiatsu - Meridian Therapy	40	1.25		
OS 740	Chi Gung - Meridian Exercises	12	0.25		

TE 511	Stretching Your Client with Advanced Draping Techniques	4	0.25	MT 200 or Licensed	
TE 512	Posture for Massage Therapists	5	0.25	none	
TE 740	TMJ Release	4	0.25	MT 200 or Licensed	

These program requirements fulfill the requirements for the state of AZ.

If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

*Required Courses

**Required Orientation before scheduling into the massage clinic.

***If Reflexology Specialty is taken as part of the MT750 program, TE560 Reflexology - Introduction is no longer required for the MT750 Diploma

The following classes are not eligible to be used for clinic hours in the MT-750 hour programs:

EC 795 Reiki Clinic Transformational

EC 799 Reiki Clinic Traditional

RF 103 Reflexology Clinic

HY 300 Hypnotherapy III

PC 930 Polarity - Sessions given for Associate Polarity Practitioner

PC 970 Polarity - Sessions given for Registered Polarity Practitioner

Student _____ Date _____

Advisor _____ Date _____

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.