



Certificate of Excellence

Health and Wellness Coach (HWC 200-IDL)

200 Classroom Hours

11.40 credits

Code	Course	Clock	Credit	Pre-Requisites	Date
HC 101-OL	Foundations of Wellness Coaching*	30	2.00		
HC 201-OL	Professional Wellness Coaching and Ethics*	30	1.80	HC 101-OL	
HC 301-OL	Advanced Wellness Coaching 1*	30	1.60	HC 201-OL	
HC 302-OL	Advanced Wellness Coaching 2*	30	1.50	HC 301-OL	
HC 155-OL	Anatomy of Wellness*	30	1.60		
HC 156-OL	Health Conditions*	30	1.60		
HC 401-OL	NBHWC Exam Prep	20	1.30	HWC 200	
	Subtotal	200	11.40		

* Course has synchronous hours

Student

Date

Advisor

Date

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.