



Certificate of Excellence
Mindfulness and Guided Imagery Facilitator

100 Hours
 4.75 Credits

MINDFULNESS AND GUIDED IMAGERY FACILITATOR COURSES

Code	Course	Clock	Credit	Pre-Requisites	Date
MG 101-OL	Mindfulness and Guided Imagery Introduction	20	1.25		
MG 201-OL	Mindful Guided Imagery	20	1.25		
MG 301-OL	Mindfulness Strategies	40	1.75		
MG 401-OL	Mindfulness and Guided Imagery Practicum	20	0.50	MG 301-OL	
	Subtotal	100	4.75		

Student _____ Advisor _____

Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.