



Certificate of Excellence

Holistic Nutrition Specialist ONLINE

200 Classroom Hours

14.50 Credits

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
HN 105-OL	Foundation of Holistic Nutrition*	40	2.50		
HN 124-OL	Micro/Macro Nutritional Biochemistry*	40	2.50		
HN 235-OL	Nutritional Needs Across the Life Cycle*	40	2.50		
HN 351-OL	Microbiome Wellness*	40	2.50		
HN 222-OL	Raw Food Cuisine 1*	20	1.00		
HN 210-OL	Whole Foods Cuisine 1*	20	1.00		
	Subtotal	200	14.50		

*Course has synchronous hours

Student _____ Date _____

Advisor _____ Date _____

SWIHA's mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.