



Integrative Healing Arts Practitioner (Online) (IHAP65-IDL)

Diploma

780 Classroom Hours
65 Instructional Weeks

40.25-43.00 Credit Hours
70-71 Calendar Weeks

(concentration selection determines total credits; see page 5)

Core Courses (280 hours)

TRANSPERSONAL PSYCHOLOGY						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
TP 106-OL	GRIT for Success	30	2.00	N/A	N/A	
TP 115-OL	Cognitive Well-being & Social Responsibility	25	1.50	N/A	N/A	
TC 630-OL	Somatic Psychology: The Neuroscience of Regulation & Trauma	30	1.75	N/A	Optional	
TC 640-OL	Somatic Psychology: The Subtle Body	30	1.75	N/A	Optional	
AR 107-OL	Aromatherapy of the Spirit & Flower Essences	30	1.50	N/A	Optional	
TP 107-OL	GRIT: Student Journey	15	1.00	Half-way in program	N/A	
	Subtotal	160	9.50			
HOLISTIC ENTREPRENEURSHIP						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
HE 101-OL	Entrepreneur's Journey 1: Departure	30	2.00	N/A	Optional	
HE 102-OL	Entrepreneur's Journey 2: Initiation	30	1.75	HE 101-OL	Optional	
HE 103-OL	Entrepreneur's Journey 3: Return	30	1.75	HE 102-OL	Optional	
HE 201-OL	Influencer's Journey	30	1.75	HE 103-OL	Optional	
	Subtotal	120	7.25			

Choose your specialization:

OPTION 1: HYPNOTHERAPY (500 HOURS)						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
Advanced Professional Hypnotherapy						
HY 105-OL	Foundations of Hypnotherapy Level I	30	1.75	N/A	N/A	
HY 205-OL	Foundations of Hypnotherapy Level II	30	1.50	HY 105-OL	Optional	
HY 305-OL	Foundations of Hypnotherapy Level III	40	1.75	HY 205-OL	N/A	
HY 415-OL	Advanced Techniques in Hypnotherapy	30	1.25	HY 305-OL	Optional	
HY 316-OL	Fears, Phobias & Addictions	30	1.25	HY 305-OL	N/A	
HY 477-OL	Dreams & Metaphors	30	1.25	HY 305-OL	N/A	
HY 425-OL	Script Writing	30	1.25	HY 305-OL	N/A	
HY 585-OL	Medical Imagery	30	1.50	HY 305-OL	N/A	
HY 353-OL	Past-Life Regression	30	1.50	HY 305-OL	N/A	
HY 375-OL	Advanced Professional Hypnotherapy	10	0.50	HY 305-OL	N/A	
	Subtotal	290	13.50			

Additional hypnotherapy courses:						
HY 318-OL	Neuro-Linguistic Programming	30	1.25	HY 305-OL	N/A	
HY 545-OL	Applied Techniques for Post-Traumatic Growth	30	1.25	HY 305-OL	N/A	
HY 345-OL	Energy Healing & Hypnosis	10	0.50	HY 305-OL	N/A	
AR 122-OL	Auriculotherapy for Hypnotherapists	40	2.00	AR 107-OL	Optional	
Subtotal		110	5.00			
Foundational Client Relationship: TRANSFORMATIONAL LIFE COACH						
LC 101-OL	Foundations of Life Coaching	30	1.75	N/A	N/A	
LC 201-OL	Applied Coaching Skills	30	1.50	LC 101-OL	Optional	
LC 301-OL	Life Coaching Practice & Ethics	40	1.75	LC 101-OL	Optional	
Subtotal		100	5.00			

OR

OPTION 2: SPIRITUAL GUIDE (500 HOURS)						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
Modern Spirituality						
SP 152-OL	Grounded Spirituality & Modern Mysticism	30	1.50	N/A	N/A	
SP 156-OL	Exploring the Ancestral Web of Belonging	30	1.50	SP 152-OL	N/A	
SP 162-OL	Mysticism: Finding Your Personal Path	30	1.50	SP 156-OL	Optional	
RF 171-OL	Soul Coaching	30	1.50	SP 162-OL	N/A	
SP 145-OL	Energetic Healing for Spiritual Guides	30	1.50	SP 162-OL	N/A	
SP 335-OL	The Art of Spiritual Expression	20	1.00	SP 162-OL	N/A	
SP 525-OL	Serving through Ceremony	30	1.50	SP 162-OL	Optional	
*SP 465-OL	Celebrate Your Light – Celebrant & Ordination Preparation	--	--	Complete SP COE	0	
Subtotal		200	10.00			
Foundational Client Relationship: Intuitive Coaching						
SC 101-OL	Foundations of Intuitive Coaching	30	1.75	N/A	N/A	
SC 201-OL	Angels, Guides & Ancestors	30	1.50	SC 101-OL	N/A	
SC 301-OL	Practical Applications in Intuitive Coaching	40	1.75	SC 201-OL	Optional	
Subtotal		100	5.00			
Mindful Meditation Facilitator						
MM 101-OL	Mindfulness: Introduction	30	2.00	N/A	N/A	
MM 301-OL	Mindful Meditation Techniques	30	2.00	MF 101-OL	Optional	
MM 401-OL	Mindful Meditation Facilitator	40	2.00	MF 301-OL	Optional	
Subtotal		100	6.00			
AND choose ONE (1) additional specialty to complete:						
Healing Botanicals & Earth Ceremonies						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
BE 101-OL	Earth Ceremonies	30	1.50	N/A	N/A	
BE 201-OL	Healing Botanicals I ~Preparation & use of herbs & essential oils for spiritual practice	30	1.50	BE 101-OL	Optional	
BE 301-OL	Healing Botanicals II	40	2.00	BE 201-OL	Optional	

	~Preparation & use of herbs & essential oils in ceremony					
Subtotal		100	5.00			
OR						
End-of-Life Doula						
Code	Course	Clock	Credit	Pre-Req	Synch	Date
DD 101-OL	Death, Dying, & the Afterlife	30	1.75	N/A	N/A	
DD 201-OL	Life Review & Processing Grief	30	1.50	DD 101-OL	Optional	
DD 301-OL	End of Life Rituals & Ceremonies	40	2.00	DD 101-OL	Optional	
Subtotal		100	5.25			

Confirm your Program Specialization(s):

	Integrative Healing Arts Practitioner Diploma, specializing as a...	Total Hours	Total Credits
	Advanced Professional Hypnotherapist	780	40.25
	Spiritual Guide, Intuitive Coach & Earth Ceremonies Facilitator	780	42.75
	Spiritual Guide, Intuitive Coach & End-of-life Doula	780	43.00

*If choosing the Spiritual Guide Main Specialization within this program, you have the option of becoming officially ordained as a Minister or Celebrant through the Universal Brotherhood Movement, Inc. (UBMI). If you are interested in becoming ordained, you will be scheduled into SP 465-OL, an additional non-credit Celebrant and Ordination Preparation course. Additionally, SWIHA will package into your enrollment the application fee and first year membership dues associated with UBMI. Please confirm your choice:

___ **Yes**, I am interested in becoming an ordained minister or celebrant. Please include the fees associated with UBMI into my total program cost.

___ **No**, I am not interested in becoming an ordained minister or celebrant at this time. I understand that should I change my mind after I am enrolled, I may need to pay the UBMI fees out of pocket.

___ **N/A**.

Student _____

Advisor _____

Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.
