



## DIPLOMA

# Integrative Healing Arts Practitioner Online

750 Classroom Hours | 40.25 – 43.25 Credits (concentration selection determines total credits; see page 3)

68 Instructional Weeks | 72-73 Calendar Weeks

## INTEGRATIVE HEALING CORE COURSES (450 HOURS)

### TRANSFORMATIONAL LIFE COACHING

Code	Course	Clock	Credit	Pre-Requisites	Date
BC 550-OL P\$	Life Coaching Foundations	20	1.25		
BC 561-OL P\$	Life Coaching - Core Strategies, Techniques & Implementation, Part 1	40	2.00	BC 550-OL	
BC 562-OL P\$	Life Coaching - Core Strategies, Techniques & Implementation, Part 2	40	1.75	BC 561-OL	
	<b>Subtotal</b>	<b>100</b>	<b>5.00</b>		

### HOLISTIC ENTREPRENEUR

Code	Course	Clock	Credit	Pre-Requisites	Date
BC 555-OL	Entrepreneurial Business Development	40	2.50		
BC 117-OL	Professional Communication	40	2.50	BC 555-OL	
BC 557-OL	Social Media and Webinar Marketing	20	1.25	BC 117-OL	
	<b>Subtotal</b>	<b>100</b>	<b>6.25</b>		

### MIND-BODY HEALING MODALITIES / TECHNIQUES COURSES

Code	Course	Clock	Credit	Pre-Requisites	Date
AR 100-OL	Aromatherapy – Introduction	20	1.25		
AR 121-OL	Aroma-Auriculotherapy	40	2.50		
AR 133-OL	Flower Essences	16	1.00		
RF 150-OL	Toe Reading - Reflexology Assessment I - Elemental	16	0.50		
RF 170-OL	Soul Coaching – Expanded Dialogue	8	0.50	RF 150-OL	
	<b>Subtotal</b>	<b>100</b>	<b>5.75</b>		

### TRANSPERSONAL PSYCHOLOGY

Code	Course	Clock	Credit	Pre-Requisites	Date
TP 100-OL	Diversity & Developing Ethical Consciousness	25	1.50		
TP 110-OL	Stress Management & Psychological Acupressure (EFT)	25	1.50		
TP 120-OL	Transpersonal Psychology – Awaken the Hero Within	25	1.50		
TP 130-OL	Psychology of Addiction – Understanding the Shadow	25	1.50		
TP 140-OL	The Science of Energetics and Intuition	25	1.50		
TP 150-OL	Introduction to Building Resiliency	25	1.50		
	<b>Subtotal</b>	<b>150</b>	<b>9.00</b>		

## CHOOSE YOUR SPECIALIZATION(S):

Choose from any of the following specializations to equal an additional **300 hours**:

### CLINICAL HYPNOTHERAPY PRACTITIONER (300 HOURS)

Code	Course	Clock	Credit	Pre-Requisites	Date
HY 101-OL	Hypnotherapy – Foundations Level I	20	1.25		
HY 201-OL	Hypnotherapy – Foundations Level II	40	2.50	HY 101-OL	
HY 301-OL	Hypnotherapy – Foundations Level III	40	1.00	HY 201-OL	
HY 315-OL	Hypnotherapy – Fears, Phobias & Addictions	15	1.00	HY 201-OL	
HY 401-OL	Hypnotherapy – Advance Techniques	25	1.00	HY 301-OL	
HY 350-OL	Hypnotherapy – Past Life Regression	20	1.00	HY 301-OL	



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HY 421-OL	Hypnotherapy – Script Writing	20	1.25	HY 201-OL	
EL 725-OL	NLP – Neuro Linguistic Programming	20	0.50		
HY 475-OL	Hypnotherapy - Dreams and Metaphors	20	1.00	HY 101-OL	
HY 581-OL	Hypnotherapy - Medical Imagery	22	1.25	HY 201-OL	
HY 370-OL P\$	Hypnotherapy Clinical Certification Preparation	8	0.25	HY 301-OL	
TP 490-OL	Post-Traumatic Stress Disorder (PTSD) Introduction	30	2.00		
HY 540-OL	Post-Traumatic Stress Disorder (PTSD) Applied Techniques for Hypnotherapists	20	1.25	TP 490-OL	
	<b>Subtotal</b>	<b>300</b>	<b>15.25</b>		

### *SPIRITUAL COACH (200 HOURS) - Ordination Option Available\**

Code	Course	Clock	Credit	Pre-Requisites	Date
SP 155-OL	Spiritual Traditions	25	1.60		
SP 161-OL	Mysticism & Universal Laws	25	1.60		
SP 277-OL	Prayer Therapy & Meditation	25	1.60		
SP 415-OL	Creating Ceremony & Sacred Space	25	1.60		
SP 427-OL	Ministerial Duties & Homiletics	25	1.60		
SP 431-OL	Death, Dying, and Hospice	25	1.60		
SP 447-OL	Spirit-Directed Coaching	30	1.75		
SP 437-OL	Developing Your Spiritual Gifts	20	1.15		
*SP 465-OL	Celebrate Your Light – Celebrant & Ordination Preparation	--	--		
	<b>Subtotal</b>	<b>200</b>	<b>12.50</b>		

### *HOLISTIC NUTRITION SPECIALIST (200 HOURS)*

Code	Course	Clock	Credit	Pre-Requisites	Date
HN 121-OL	Foundations of Transformational Healing & Holistic Nutrition	40	2.50		
HN 122-OL	Understanding Macronutrients and Micronutrients for Optimum Health	40	2.50		
HN 111-OL	Principles of Conscious Eating and Behavior Modification	20	1.25	HN121-OL	
HN 155-OL	Comparative Dietary Systems	20	1.25	HN121-OL	
HN 221-OL	Examining Whole & Raw Food Cuisine	40	1.75	HN121-OL	
HN 251-OL	Nutritional Assessment & Client Coaching	40	2.50	HN121-OL, HN122-OL, HN111-OL, & HN155-OL	
	<b>Subtotal</b>	<b>200</b>	<b>11.75</b>		

### *HYPNOTHERAPIST (100 HOURS)*

Code	Course	Clock	Credit	Pre-Requisites	Date
HY 101-OL	Hypnotherapy – Foundations Level I	20	1.25		
HY 201-OL	Hypnotherapy – Foundations Level II	40	2.50	HY 101-OL	
HY 301-OL	Hypnotherapy – Foundations Level III	40	1.00	HY 201-OL	
	<b>Subtotal</b>	<b>100</b>	<b>4.75</b>		



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**MINDFULNESS AND GUIDED IMAGERY FACILITATOR (100 HOURS)**

Code	Course	Clock	Credit	Pre-Requisites	Date
MG 101-OL	Mindfulness and Guided Imagery Introduction	20	1.25		
MG 201-OL	Mindful Guided Imagery	20	1.25		
MG 301-OL	Mindfulness Strategies	40	1.75		
MG 401-OL	Mindfulness and Guided Imagery Practicum	20	0.50	MG 301-OL	
	<b>Subtotal</b>	<b>100</b>	<b>4.75</b>		

**INTUITIVE GUIDE (100 HOURS)**

Code	Course	Clock	Credit	Pre-Requisites	Date
AG 101-OL	Introduction to Intuitive Guidance	20	1.00		
AG 201-OL	Angels and Guides	20	1.25		
AG 301-OL	Intuitive Guidance – Practical Application	40	1.25	AG 201	
AG 401-OL	Business of Intuitive Guidance	20	1.25		
	<b>Subtotal</b>	<b>100</b>	<b>4.75</b>		

**Confirm your Program Specialization(s):**

Integrative Healing Arts Practitioner Diploma, specializing in...	Total Hours	Total Credits
Clinical Hypnotherapy Practitioner	750	41.25
Spiritual Coach & Hypnotherapist	750	43.25
Spiritual Coach & Intuitive Guide	750	43.25
Spiritual Coach & Mindfulness and Guided Imagery Facilitator	750	43.25
Mindfulness and Guided Imagery Facilitator, Hypnotherapist, and Intuitive Guide	750	40.25
Holistic Nutrition Specialist & Hypnotherapist	750	42.50
Holistic Nutrition Specialist & Intuitive Guide	750	42.50
Holistic Nutrition Specialist & Mindfulness and Guided Imagery Facilitator	750	42.50

*\*If choosing the Spiritual Coach and Celebrant Specialization within this program, you have the option of becoming officially ordained as a Minister or Celebrant through the Universal Brotherhood Movement, Inc. (UBMI). If you are interested in becoming ordained, you will be scheduled into SP 465-OL, an additional non-credit Celebrant and Ordination Preparation course. Additionally, SWIHA will package into your enrollment the application fee and first year membership dues associated with UBMI. Please confirm your choice:*

Yes, I am interested in becoming an ordained minister or celebrant. Please include the fees associated with UBMI into my total program cost.

No, I am not interested in becoming an ordained minister or celebrant at this time. I understand that should I change my mind after I am enrolled, I may need to pay the UBMI fees out of pocket.

N/A

Student \_\_\_\_\_ Advisor \_\_\_\_\_

*Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*