



DIPLOMA

Integrative Healing Arts Practitioner (Online) (IHAP-IDL)

750 Classroom Hours | 41.25 – 43.25 Credits (concentration selection determines total credits; see page 3)

85 Instructional Weeks | 91 Calendar Weeks

INTEGRATIVE HEALING CORE COURSES (450 HOURS)

TRANSFORMATIONAL LIFE COACHING

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|---------------|--|------------|-------------|----------------|------|
| BC 550-OL P\$ | Life Coaching Foundations | 20 | 1.25 | | |
| BC 561-OL P\$ | Life Coaching - Core Strategies, Techniques & Implementation, Part 1 | 40 | 2.00 | BC 550-OL | |
| BC 562-OL P\$ | Life Coaching - Core Strategies, Techniques & Implementation, Part 2 | 40 | 1.75 | BC 561-OL | |
| | Subtotal | 100 | 5.00 | | |

HOLISTIC ENTREPRENEURSHIP

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--------------------------------------|------------|-------------|----------------|------|
| BC 555-OL | Entrepreneurial Business Development | 40 | 2.50 | | |
| BC 117-OL | Professional Communication | 40 | 2.50 | BC 555-OL | |
| BC 557-OL | Social Media and Webinar Marketing | 20 | 1.25 | BC 117-OL | |
| | Subtotal | 100 | 6.25 | | |

MIND-BODY HEALING MODALITIES / TECHNIQUES COURSES

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|------------|-------------|----------------|------|
| AR 100-OL | Aromatherapy – Introduction | 20 | 1.25 | | |
| AR 121-OL | Aroma-Auriculotherapy | 40 | 2.50 | | |
| AR 133-OL | Flower Essences | 16 | 1.00 | | |
| RF 150-OL | Toe Reading - Reflexology Assessment I - Elemental | 16 | 0.50 | | |
| RF 170-OL | Soul Coaching – Expanded Dialogue | 8 | 0.50 | RF 150-OL | |
| | Subtotal | 100 | 5.75 | | |

TRANSPERSONAL PSYCHOLOGY

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|------------|-------------|----------------|------|
| TP 100-OL | Diversity & Developing Ethical Consciousness | 25 | 1.50 | | |
| TP 105-OL | GRIT for Success | 15 | 1.00 | | |
| TP 120-OL | Transpersonal Psychology – Awaken the Hero Within | 25 | 1.50 | | |
| TP 130-OL | Psychology of Addiction – Understanding the Shadow | 25 | 1.50 | | |
| TP 140-OL | The Science of Energetics and Intuition | 25 | 1.50 | | |
| TP 150-OL | Introduction to Building Resiliency | 25 | 1.50 | | |
| TP 210-OL | Emotional Freedom Technique | 10 | .50 | | |
| | Subtotal | 150 | 9.00 | | |

CHOOSE YOUR SPECIALIZATION(S):

OPTION 1:

CLINICAL HYPNOTHERAPY PRACTITIONER (300 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|-------|--------|----------------|------|
| HY 101-OL | Hypnotherapy – Foundations Level I | 20 | 1.25 | | |
| HY 201-OL | Hypnotherapy – Foundations Level II | 40 | 2.50 | HY 101-OL | |
| HY 301-OL | Hypnotherapy – Foundations Level III | 40 | 1.00 | HY 201-OL | |
| HY 315-OL | Hypnotherapy – Fears, Phobias & Addictions | 15 | 1.00 | HY 201-OL | |
| HY 401-OL | Hypnotherapy – Advance Techniques | 25 | 1.00 | HY 301-OL | |
| HY 350-OL | Hypnotherapy – Past Life Regression | 20 | 1.00 | HY 301-OL | |
| HY 421-OL | Hypnotherapy – Script Writing | 20 | 1.25 | HY 201-OL | |
| EL 725-OL | NLP – Neuro Linguistic Programming | 20 | 0.50 | | |

| | | | | | |
|---------------|--|------------|--------------|-----------|--|
| HY 475-OL | Hypnotherapy - Dreams and Metaphors | 20 | 1.00 | HY 101-OL | |
| HY 581-OL | Hypnotherapy - Medical Imagery | 22 | 1.25 | HY 201-OL | |
| HY 370-OL P\$ | Hypnotherapy Clinical Certification Preparation | 8 | 0.25 | HY 301-OL | |
| TP 490-OL | Post-Traumatic Stress Disorder (PTSD) Introduction | 30 | 2.00 | | |
| HY 540-OL | Post-Traumatic Stress Disorder (PTSD) Applied Techniques for Hypnotherapists | 20 | 1.25 | TP 490-OL | |
| | Subtotal | 300 | 15.25 | | |

OPTION 2:

SPIRITUAL COACH (200 HOURS) - Ordination Option Available*

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|------------|---|------------|--------------|----------------|------|
| SP 155-OL | Spiritual Traditions | 25 | 1.60 | | |
| SP 161-OL | Mysticism & Universal Laws | 25 | 1.60 | | |
| SP 277-OL | Prayer Therapy & Meditation | 25 | 1.60 | | |
| SP 415-OL | Creating Ceremony & Sacred Space | 25 | 1.60 | | |
| SP 427-OL | Ministerial Duties & Homiletics | 25 | 1.60 | | |
| SP 431-OL | Death, Dying, and Hospice | 25 | 1.60 | | |
| SP 447-OL | Spirit-Directed Coaching | 30 | 1.75 | | |
| SP 437-OL | Developing Your Spiritual Gifts | 20 | 1.15 | | |
| *SP 465-OL | Celebrate Your Light – Celebrant & Ordination Preparation | -- | -- | | |
| | Subtotal | 200 | 12.50 | | |

AND CHOOSE ONE (1) FROM THE BELOW 100 HOURS SPECIALTIES:

HYPNOTHERAPIST (100 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--------------------------------------|------------|-------------|----------------|------|
| HY 101-OL | Hypnotherapy – Foundations Level I | 20 | 1.25 | | |
| HY 201-OL | Hypnotherapy – Foundations Level II | 40 | 2.50 | HY 101-OL | |
| HY 301-OL | Hypnotherapy – Foundations Level III | 40 | 1.00 | HY 201-OL | |
| | Subtotal | 100 | 4.75 | | |

INTUITIVE GUIDE (100 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|------------|-------------|----------------|------|
| AG 101-OL | Introduction to Intuitive Guidance | 20 | 1.00 | | |
| AG 201-OL | Angels and Guides | 20 | 1.25 | | |
| AG 301-OL | Intuitive Guidance – Practical Application | 40 | 1.25 | AG 201 | |
| AG 401-OL | Business of Intuitive Guidance | 20 | 1.25 | | |
| | Subtotal | 100 | 4.75 | | |

OPTION 3:

HOLISTIC NUTRITION SPECIALIST (200 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|------------|--------------|---|------|
| HN 121-OL | Foundations of Transformational Healing & Holistic Nutrition | 40 | 2.50 | | |
| HN 122-OL | Understanding Macronutrients and Micronutrients for Optimum Health | 40 | 2.50 | | |
| HN 111-OL | Principles of Conscious Eating and Behavior Modification | 20 | 1.25 | HN121-OL | |
| HN 155-OL | Comparative Dietary Systems | 20 | 1.25 | HN121-OL | |
| HN 221-OL | Examining Whole & Raw Food Cuisine | 40 | 1.75 | HN121-OL | |
| HN 251-OL | Nutritional Assessment & Client Coaching | 40 | 2.50 | HN121-OL, HN122-OL, HN111-OL, & HN155-OL | |
| | Subtotal | 200 | 11.75 | | |

AND CHOOSE ONE (1) FROM THE BELOW 100 HOURS SPECIALTIES:

HYPNOTHERAPIST (100 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--------------------------------------|------------|-------------|----------------|------|
| HY 101-OL | Hypnotherapy – Foundations Level I | 20 | 1.25 | | |
| HY 201-OL | Hypnotherapy – Foundations Level II | 40 | 2.50 | HY 101-OL | |
| HY 301-OL | Hypnotherapy – Foundations Level III | 40 | 1.00 | HY 201-OL | |
| | Subtotal | 100 | 4.75 | | |

INTUITIVE GUIDE (100 HOURS)

| Code | Course | Clock | Credit | Pre-Requisites | Date |
|-----------|--|------------|-------------|----------------|------|
| AG 101-OL | Introduction to Intuitive Guidance | 20 | 1.00 | | |
| AG 201-OL | Angels and Guides | 20 | 1.25 | | |
| AG 301-OL | Intuitive Guidance – Practical Application | 40 | 1.25 | AG 201 | |
| AG 401-OL | Business of Intuitive Guidance | 20 | 1.25 | | |
| | Subtotal | 100 | 4.75 | | |

Confirm your Program Specialization(s):

| | Integrative Healing Arts Practitioner Diploma, specializing in... | Total Hours | Total Credits |
|--|--|--------------------|----------------------|
| | Clinical Hypnotherapy Practitioner | 750 | 41.25 |
| | Spiritual Coach & Hypnotherapist | 750 | 43.25 |
| | Spiritual Coach & Intuitive Guide | 750 | 43.25 |
| | Holistic Nutrition Specialist & Hypnotherapist | 750 | 42.5 |
| | Holistic Nutrition Specialist & Intuitive Guide | 750 | 42.5 |

**If choosing the Spiritual Coach and Celebrant Specialization within this program, you have the option of becoming officially ordained as a Minister or Celebrant through the Universal Brotherhood Movement, Inc. (UBMI). If you are interested in becoming ordained, you will be scheduled into SP 465-OL, an additional non-credit Celebrant and Ordination Preparation course. Additionally, SWIHA will package into your enrollment the application fee and first year membership dues associated with UBMI. Please confirm your choice:*

Yes, I am interested in becoming an ordained minister or celebrant. Please include the fees associated with UBMI into my total program cost.

No, I am not interested in becoming an ordained minister or celebrant at this time. I understand that should I change my mind after I am enrolled, I may need to pay the UBMI fees out of pocket.

N/A.

Student _____ Advisor _____

Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.