

Effective Friday, May 21, 2021 the City of Tempe lifted their mask mandates.

In alignment with AZ and the CDC, at SWIHA and SOY, masks are no longer required for vaccinated people. However, masks are strongly recommended for those who are unvaccinated or immune-compromised.

As in SWIHA's Code of Conduct, please respect the paths and beliefs of others without judgment and honor each person's choice to wear or not wear a mask

Please Continue Safe Practices



Wash Hands with soap and water or 60% sanitizer



Stay Home with fever or flu-like symptoms

Daily Screening Questions:

- Have you had a persistent cough?
- Do you currently think you have fever?
- Have you been around anyone exhibiting these symptoms within the past 14 days?
- Are you living with anyone who is sick or quarantined?



Spirit of Yoga
YOGA STUDIO
Southwest Institute of Healing Arts

**Any concerns or questions please email
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