



# Professional Massage Practitioner (MT 750) - Therapeutic Track

Diploma

750 Classroom Hours  
33.75 Credits  
45 Instructional Weeks/48 Calendar Weeks

Code	Course	Clock Hours	Credit Hours	Pre-Requisite	Course Dates
<b>Message Core Courses</b>					
BC 110	SOAP Notes	6	0.25		
BC 301	Ethics for Massage Therapists	8	0.50		
BC 304	Business Practices for Massage Therapists	20	1.25		
BC 441	Resiliency and Self-Care for Massage Therapists	7	0.50		
MT 115	Anatomy	60	4.00		
MT 151	Kinesiology - Anatomical Applications	36	2.25	MT 115	
MT 500	Physiology	60	4.00		
MT 520	First Aid	7	0.25		
MT 540	Comprehensive CPR	5	0.25		
PC 100	Polarity – Basic I	20	1.00		
CC 105	Trauma Informed Communication and Ethics for Bodyworkers	32	2.00		
SC 415	Pathology - BW	40	2.50		
<b>Message Core Courses Subtotal</b>		<b>301</b>	<b>18.75</b>		
<b>Message Hands-On Core Courses</b>					
EV 003	Massage Clinic Orientation	0	0.00		
MT 200	Swedish Massage	40	1.25		
MT 400	Myotherapy - 7 Step Release System	40	1.25	MT 200 or Licensed	
MT 993a	Massage Clinic - Supervised - Block I	23	0.50	MT 200 & MT 115	
MT 993b	Massage Clinic - Supervised - Block II	23	0.50	MT 200 & MT 115	
MT 993c	Massage Clinic - Supervised - Block III	23	0.50	MT 200 & MT 115	
PC 850	Cranial Unwinding I	20	1.00		
RF 201	Reflexology - A Western Approach for Body Workers	20	0.75		
TE 220	Deep Tissue Sculpting	24	0.75	MT 200 or Licensed	
<b>Message Hands-On Core Courses Subtotal</b>		<b>213</b>	<b>6.50</b>		
<b>Message Therapeutic Track Courses</b>					
AR 100	Aromatherapy - Intro	20	1.25		
EC 146	SpaLomi Massage	24	0.75	MT 200 or Licensed	
EC 700	Reiki I - Traditional	16	0.50		
TE 146	Breast Health Intro	8	0.50	MT 200 or Licensed	
TE 160	Carpal Tunnel/Thoracic Outlet Release	8	0.25	MT 200 or Licensed	
TE 225	Rotator Cuff/Shoulder Joint	8	0.25	MT 200 or Licensed	
TE 260	Fibromyalgia Therapy	16	0.50	MT 200 or Licensed	
TE 302	Elder Touch - Medical	16	0.50	MT 200 or Licensed	
TE 320	Lower Back Pain Release	8	0.25	MT 200 or Licensed	
TE 340	Lymphatic Massage	16	0.50	MT 200 or Licensed	
TE 364	Massage Sideline with Deep Listening	16	0.50	MT 200 or Licensed	
TE 380	Neck Release	8	0.25	MT 200 or Licensed	
TE 402	Medical Massage for Cancer Survivors	16	0.75	MT 200 or Licensed	
TE 600	Rock & Unlock	12	0.25	MT 200 or Licensed	
TE 650	Sports Massage - Intro	8	0.25	MT 200 or Licensed	
TE 662	Hydrotherapy / Injury Management	20	0.75	MT 200 or Licensed	
TE 690	Trigger Point	16	0.50	MT 200 or Licensed	
<b>Message Therapeutic Track Subtotal</b>		<b>236</b>	<b>8.50</b>		
<b>TOTAL</b>		<b>750</b>	<b>33.75</b>		

These program requirements fulfill the requirements for the state of AZ. If you plan to obtain a massage license in another state, you will need to check with that state's board for their specific requirements.

Student \_\_\_\_\_

Date \_\_\_\_\_

Advisor Initials \_\_\_\_\_