



## Certificate of Excellence Urban Gardening & Practical Herbalism (UGPH-IDL)

100 Classroom Hours

5.00 Credit Hours

Urban farming has become a growing part of U.S. food economy as it helps reduce the miles food needs to travel, and helps city residents access local, healthy food. Around 15% of the world's food is now grown in urban areas. Whether you are interested in growing a personal supply of food or contributing to community efforts, this certificate will help you get your hands dirty. We'll start small and practical by focusing on culinary herbs. Even people who only have one sun-exposed window can grow their favorite flavor and health enhancing herbs. As you build your skills, you can also spread what you learn throughout your community, increasing the number of people taking control over their food production, moving our communities closer to real sustainability. Our Certificate of Excellence programs are avocational, and these courses/programs are designed exclusively for personal or professional development and enhancement.

<b>Urban Gardening &amp; Practical Herbalism</b>						
<b>Code</b>	<b>Course</b>	<b>Clock</b>	<b>Credit</b>	<b>Pre-Req</b>	<b>Synch</b>	<b>Date</b>
PH 101-OL	Introduction to Sustainability & Urban Gardening	30	1.50	N/A	N/A	
PH 110-OL	Introduction to Herbalism, Culinary Applications & First Aid	30	1.50	N/A	N/A	
PH 120-OL	Urban Gardening & Sustainable Foraging	40	2.00	PH 110-OL PH 101-OL	N/A	
	<b>Subtotal</b>	<b>100</b>	<b>5.00</b>			

**Student** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Advisor** \_\_\_\_\_ **Date:** \_\_\_\_\_

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*Our mission is to inspire individuals to discover their gifts and graces, and support them as they share their talents with the world in a loving and profitable way.*

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